

ANNUAL NARRATIVE REPORT

EVALYN BENTLEY

HOME DEMONSTRATION AGENT

PIMA COUNTY  
ARIZONA

December 1, 1942 - November 30, 1943

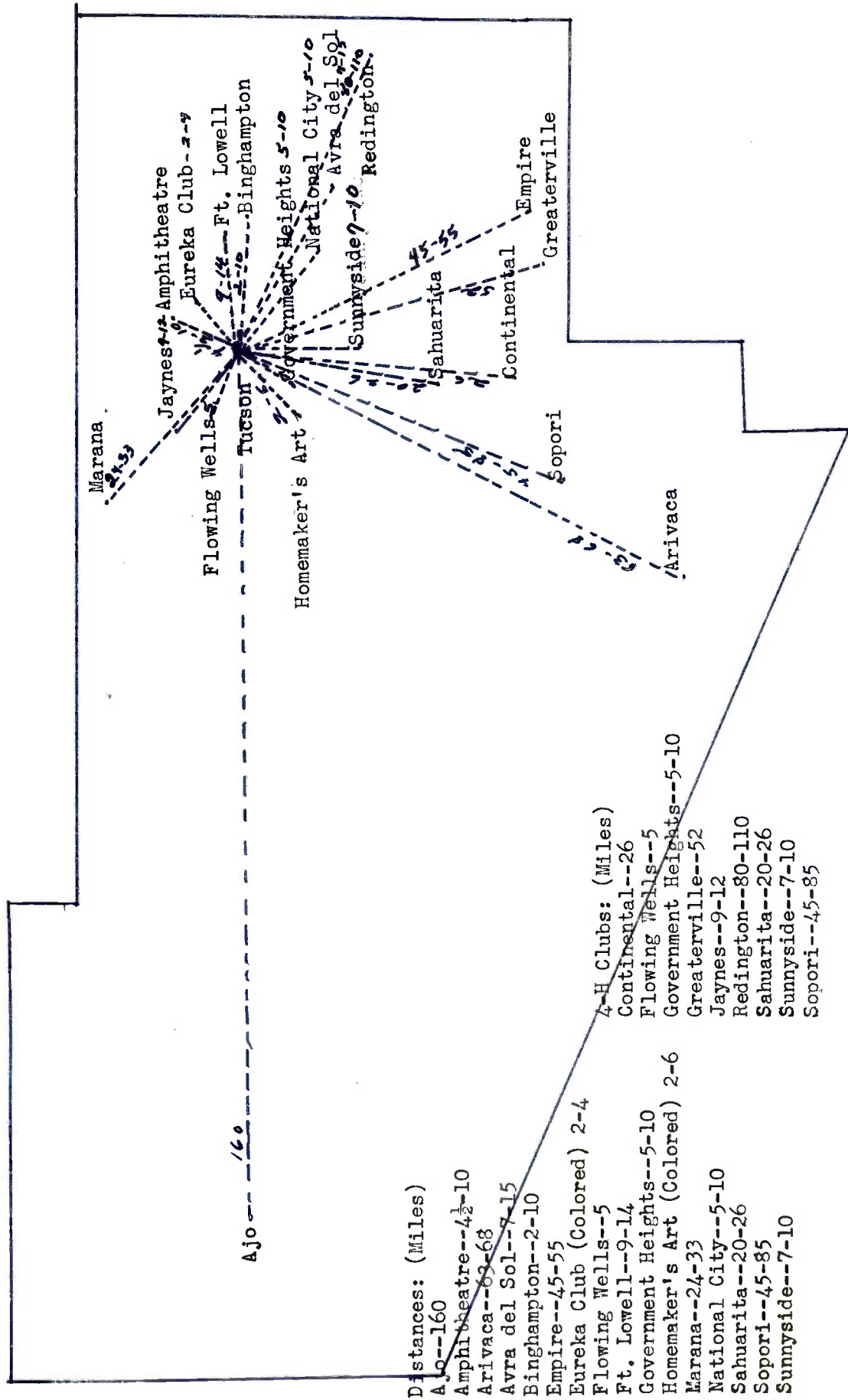
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MAP OF PIMA COUNTY SHOWING DISTANCES IN MILES (Approx.) from the Home Demonstration Agent Headquarters (Tucson) to each community in which Extension program has been carried in 1943.



GENERAL SUMMARY OF THE WORK FOR 1942 and 1943SCOPE OF THE WORK

13 Homemakers' groups with 36 leaders held 241 meetings with an attendance of 4,011. Active members enrolled number 320 with 250 additional members on the mailing list. 103 method demonstration meetings were held. Attendance: 1,272. General extension meetings numbered 347. Attendance: 2,110.

2,641 telephone calls, 458 office calls, and 247 home visits were included in the work.

ADULT PROJECTSClothing and House Furnishings

4,846 garments were dry cleaned and pressed at home or laundered according to instructions on Care of Fabrics. 4,476 garments were mended, 850 new garments constructed, 250 remodeled. In House Furnishings, 170 articles were made or repaired.

Food

53 canners were purchased, 24,138 quarts of fruits and vegetables were canned, and 2,124 containers of jams, jellies, and marmalades. 5,500 glass jars were collected and distributed.

Defense

1,375 families, representing 6,227 individuals, were reached in our explainers and neighborhood system meetings.

JUNIOR PROJECTS

Nine 4-H Club groups with 84 members held 257 meetings with an attendance of 2,677. 60 method demonstration meetings were held with 4-H Club members with an attendance of 890.

Clothing

356 articles were made with an estimated saving of \$200.50.

Food

Food products showed an estimated value of \$1083.36. 1,420 meals were served. 750 quarts were canned.

OUTLOOK AND RECOMMENDATIONS

The coming year will be devoted to defense work, working for improved practices with both adults and juniors. The fact that the need for extension work is felt more keenly than ever before is evidenced by the calls for help which we have received. A year filled with activity is promised!

CHANGES IN COUNTY ORGANIZATIONForm of Organization

No change has been made in our organizations. A county coordinating council and the officers of the various local groups constitute the county and local executive committees.

Mrs. Rufus Dail is president of the County Coordinating Council of Pima County.

Mrs. W. H. Birdsall	Vice President
Mrs. W. N. Allen	Secretary and Treasurer
Mrs. Ed Halderman	Reporter
Mrs. E. O. Watkins	County Nutrition Chairman

Community Homemakers officers are as follows:

GOVERNMENT HEIGHTS:	Mrs. T. H. Soo, Pres. Mrs. Ray Clyde, Vice Pres. Mrs. T. L. Nason, Sec.-Treas. Mrs. Pearl Aaby, Publicity
FT. LOWELL:	Mrs. R. F. Dail, Pres. Mrs. F. E. Blacklidge, Vice Pres. Mrs. A. S. Bradley, Sec. Mrs. Maude Jordan, Treas. Mrs. J. G. Lambert, Reporter
SAHUARITA:	Mrs. Rachel Davis, Pres. Mrs. J. B. Bull, Sec. Mrs. J. G. Davis, Treas. Mrs. Hazel Jones, Reporter
AMPHITHEATRE:	Mrs. W. H. Wick, Pres. Mrs. A. V. Sinclair, Sec. Mrs. Guy Lewers, Song Leader
EUREKA CLUB:	Mrs. R. E. Calhoun, Pres. Mrs. L. B. Williams, Sec.
HOMEMAKERS ART CLUB:	Mrs. L. W. Johnson, Pres. Mrs. Wm. Glover, Sec.
SOPORI:	Mrs. Pearl Clark, Pres. Katherine Casanega, Sec.-Treas.

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### CHANGES IN COUNTY ORGANIZATION

#### Form of Organization, Continued

NATIONAL CITY:           Mrs. Lona Moulder, Pres.  
                              Mrs. Faye Grayson, Vice Pres.  
                              Mrs. Tommy Jemes, Sec.  
                              Mrs. Ella Thompson, Publicity  
                              Mrs. Ida Grayson, Treas.  
                              Mrs. Velma Ferguson, Flower Comm.

BINGHAMPTON:           Mrs. H. Martineau, Leader

AVRA DEL SOL:           Mrs. Ed Nagel, Leader  
                              Mrs. J. S. Williams, Sec.-Reporter

#### Program for Homemakers' Groups

The program for the year is made by the Homemakers. Each group sends two members to the County Planning Meeting.

In April, for training in some of the things the Agent needs to have done in the clubs, the Agent called all officers together to discuss our war-time problems. Travel was the first one; better reports, the second. From reports given at the meeting, more work has been done than has been reported in writing. Groups have maintained their organization in spite of war-time problems; and National City, where so many moved away, has again been organized with an almost new personnel. Plans were made for a better use of the Victory Homemakers' notebooks, for better business meetings and publicity. Suggestions from members in regard to subjects for future demonstrations included: help in mending and extending the life of all garments, remodeling on a simple scale as little time can be spent, storage of clothing, sewing machine clinics, gadget repairs, re-upholstering, and slip covers, more Victory gardens, canning and food planning to feed the family during war-time changes. Plans were made to help in completing the Neighborhood System.

Results noted from the training meeting were better and more complete reports because of better understanding of how to make out the reports and why we need them.



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Program of Work for 1943 and 1944, made by County Coordinating Council.

December-Christmas Meetings

January-Care of health and first aid

February-Food and nutrition; serving family meals

March-Point-saving meals

April-Food for the sick

May-Clothing problems

June-canning and

July-recreational and

August-defense work

September-clothing and

October-making the garment look new

November-Prevention of accidents

Homemakers clubs devoted the time during April to better organization within the group and also to plan for more recreation. The common complaint is that there is always too little time for meetings.

In September, the Agent met with leaders of part of the groups to discuss changes which must be made because of present conditions. Former officers moved to other states or have taken defense jobs, therefore, reorganization problems are complicated. The Ajo group will again do project work by means of letters, bulletins, and models since the distance for travel is too far for the Agent's travel budget to provide for more than one trip per year to the mining town.

ADULT LEADERSHIP

Local leaders assume responsibility for the various local groups. Training is given in county wide groups in most instances.

JUNIOR LEADERSHIP

Junior leadership has been accepted by the teachers in the local schools at the request of the school board. The few summer clubs we have are led by teachers or older 4-H Club members. Cooperating agencies are the Pima County Health Dept. (which assists in the health project which is carried by all clubs) and the County School Superintendent of Schools, Mrs. P. H. Ross.



GENERAL POLICIES

The agent cooperates with all agencies; especially interested in the home and also with all defense organizations as a part of our home project.

OFFICE DAYS

Saturday morning is devoted to 4-H club work, in the main. Adult work takes many of the other mornings, as all work grows as the years pass. One day each week is required for preparation and giving the weekly broadcast.

COUNTY-WIDE MEETINGS

County-wide meetings have been used as a means of saving time and have been successful thus far.

PROGRAM OF WORKFactors Considered and Methods of Determining the Same

The following questions are asked before a project is decided upon:

Does the work fill a definite need?  
Have we appraised the requests that have been made?  
How much of this work can the people do themselves  
in order to leave the agent some time for other projects?  
Is there any overlapping of the work in other agencies?  
Mileage, gas, and rubber enter into all planning at the present time. Therefore, changes have been made and will continue to be made.

The program of work for the past year or 1942 and '43 was as follows:

December: Christmas meetings.

January: Health and first aid.

February

March: Food for Defense and Nutrition.

April

May: Clothing, extending the life of all garments.

June

July

August: Defense work.

September

October: Clothing, mending.

November: Prevention of accidents.

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Changes in County Organization, continued

LEADERS TRAINING MEETINGS

Since the fall of 1939, the homemakers groups have each selected two leaders who attended the county-wide leader's training meetings. The work they have repeated to their own groups has been satisfactory. Some leaders have made pronounced improvement; and we feel that they could demonstrate before any group, urban or rural. However, with the present gas rationing, leaders report that attendance at future training meetings will be doubtful.

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I. Organization HOMEMAKERS CLUBS

TIME: Throughout the year

PLACE: Amphitheatre, Ajo, Binghampton, Fort Lowell, Government Heights, Homemakers Art, Eureka, National City, Sahuarita, Sopori, Sunnyside, Avra del Sol, and Marana.

HISTORY & PROGRESS:

Smaller groups have been combined with larger ones, making thirteen homemakers clubs. The enrollment is 304.

The groups and location remain the same as in last year's annual.

Time in the office has been used in reading material for next year's projects and in preparing notes on subject matter for future use. Leaders and members have met the agent in the office for conference on the work in progress. This has helped to save transportation for the agent as the office visit could be combined with other Tucson errands for the cooperator.

The office inventory was checked, copied, and returned to the central office. Some office time has been used to check over the files and discard old and out-of-date bulletins so as to make room for new material.

The agent has spent time in reading accumulated bulletins, replying to letters and office calls, and has held conferences with Homemakers, 4-H Club members, as well as the office staff conference.

Year Book

The Victory Yearbook for Homemakers Clubs will be used again this year, as a sufficient number of copies were printed for two years. This book is used throughout the state; and members are enthusiastic about it as it helps to keep the meeting and subjects for discussion before the group in an organized way. The Agent helped with the making of a certificate of Achievement for future months in order to help in raising the standards of the homemakers' clubs with the exception of Avra del Sol, a new group south of Tucson and east of the Veterans' Hospital.

Christina Bentley

## I. Organization

### Christmas Meetings

Homemakers held their usual Christmas meetings with the regular pot luck menu, only more elaborate than during other months. Inexpensive gifts were exchanged, Christmas carols were sung, and games played--all in the interest of building and maintaining home morale--much needed, too, at the Holiday season.

At Ft. Lowell 45 women ate together; at Amphitheatre, 26; at Government Heights, 23; at Sunnyside, 14; and at Sahuarita, 18. Other groups met when the agent could not be present due to an extension conference in Phoenix. Suggestions for Christmas toys, which can be made at home at little expense, have been given to all groups. The toys are made from tin cans, blocks, clothes pins, paste board containers, and other materials at hand, along with some paint and work.

While the usual Christmas meetings were held, December was also a work month; and the major portion of the time was devoted to defense projects.

### Local Achievement Day

Amphitheatre Homemakers held their local Achievement Day in the Recreation Room of the Amphitheatre School, Thursday, October 28. Seventy-five members, visitors, and home economics students attended the all day session. Homemakers groups represented were: Avra del Sol, Ft. Lowell, and Sahuarita with the Amphitheater group as hostess. Mrs. H. W. Vermillion was chairman. The local Achievement Day replaced our former county-wide event.

Group singing, led by Mrs. Guy Lewers with Mrs. A. S. Bradley at the piano, the pot luck lunch, the exhibit, and reports of work done constituted the program.

Canning and work in textiles was graded by Mrs. Agnes Krentz, Mrs. H. N. Allen, and others assisting. For complete exhibits of fruit and vegetables, the following ribbons were given: First: Mrs. Jesse Thomas, Mrs. Leta Kimball, Mrs. Helen Reed, Mrs. H. W. Vermillion, Mrs. A. V. Sinclair, Mrs. H. H. Freeman, Mrs. J. A. Shumaker, Mrs. H. A. Fariss, Mrs. Tom Knagge, Mrs. W. N. Allen, Mrs. Guy Lewers, and Mrs. Florence Old Doty.

White radishes from Victory Garden, first, Mrs. W. J. Poulter.

## I. Organization

Local Achievement Day, Continued

Fifty-six glass jars of canned fruits, vegetables, and meats were shown; 35 patches, darns, or other work done to extend the life of a garment; 25 made-at-home dresses were worn; 19 knitted articles; 50 articles in garments for children and house furnishings, including 7 quilts. Four quilts for the Red Cross or local air raid shelter were exhibited.

Reports of work done showed that members reporting made 14 quilts for air raid shelters or for use in the community when needed. The total amount of Red Cross work reported is given under defense.

All groups present reported the loss of members due to Defense work. All held meetings each month, some each week with the exception of Ft. Lowell, who took a vacation throughout the three summer months.

The groups present decided to proceed as usual in spite of reduced members and December meetings will stress Christmas programs as usual. There is much doubt in the minds of leaders as to the possibility of attendance at leaders training meetings due to war conditions.

Summer Meetings

Groups met during the summer; some carried on regular project work, and others met in the evening with a recreational program for the entire community. They have always done this, more or less, during the summer, but felt the need more now during war times. Defense work was continued with all groups, much of the sewing, knitting, and quilt making done at home, the general meeting being a means of distributing and collecting material and completed articles.

Groups

Groups used the reports of delegates to the July canning clinic as a basis for their project work. After reports were given, the meeting was thrown open for general discussion, which was lively and intelligent as each woman gave results of some of her home canning. The Agent has held conferences with members and leaders from all of the groups in regard to future work. She also gave help for the August and September programs.

I. Organization      WARTIME PROGRAMS FOR DEFENSE

At all of the meetings held, war activities were uppermost. These include extending the life of all articles in the home as well as construction. Women and girls say, "When I make a garment or build a wash room, I am giving someone else time for production for war." The same idea has been expressed in regard to home canning, gardens, the home flock, cow or goat. In brief, all work is now being stressed to save time and material for defense.

From reports of club secretaries and presidents, the Agent was able to keep track of the trend in all meetings even if she did not attend.

Share-the Meat Program

Share-the Meat Program. Other meetings in our program held by leaders who had been assisted and trained by the agent numbered 16 with a total attendance of 324. These meetings were not attended by the agent.

The final report was: 55 leaders contacted, 559 individuals, 550 gave ready and willing promises of cooperation, and 220 expressed a need for some help in the meat for home problem.

Fire and Accident Prevention

Fire and accident prevention and plans for better organization of the community for Defense work were discussed at all January meetings.

These prevention measures were considered as Defense activities. "There is need for every building and every worker," as one woman expressed it.

Women suggested things which they had done to prevent home accidents, this acting as a stimulating force to those who had not thought of that one factor.

Explainers Meetings

Preparations for point food rationing required time for preparation, phone and office calls, and letters. The school district was used as a unit; and one or more persons were found to take charge and help with the explaining. In many cases, there was an actual need for help in registering and issuing the ration books; so our Explainers also helped in this capacity.



## I. Organization

WARTIME PROGRAMS FOR DEFENSE, ContinuedExplainers Meetings, Continued

Help was found for 26 rural schools and also for Davidson, rural, but under city supervision. Davidson was combined with Ft. Lowell for rationing. Six special conferences were held with the office force, the OCD, county and state workers, and with other special committees. The Agent met the Explainers on Friday, February 19, and explained to 75 rural and some 25 home economics women, the method of procedure. Eighteen rural groups were represented on February 19, but some were also represented on February 17 and 18 when Mr. Moody and Mr. Brown gave the Explainer talks.

The Agent checked on the work being done at Sopori, Arivaca, Twin Buttes, and Zinc as these schools were doubtful centers so far as workers were concerned. Some good information was secured for future use; the names of those who responded or were drafted and did excellent work are being recorded for future need. Similar visits to other school centers would aid our neighborhood system, if time, tires, and gas permitted. Special help was given to leaders from the five Spanish schools in Tucson, both for Explainers and for two Spanish broadcasts on the subject.

The Agent also talked to 70 of the rural teachers about our plan to supply Explainers. The plan for Explainers was also given over KTUC along with our Victory Special weekly broadcast. The press gave very good publicity; and so far as we have checked, the plan went over very well.

Reports from communities show the following:  
6227 individuals in 1,375 families reached.

Neighborhood Meeting

The Neighborhood System, or how to reach the last man and woman in the group in the shortest time and with the least amount of travel, was discussed by Miss Madge Reese and leaders at the Ft. Lowell Union Church. Miss Reese, Field Agent for the U. S. Dept. of Agriculture, Washington, D. C. told of plans in use in the Western States, which is her division for travel and consultation. In some states, the larger groups pass on special practices to leaders who in turn take these ideas to groups of five or perhaps to only one individual. The practice may be better cookery of vegetables so as to lose less of the minerals and vitamins, or how to prepare fat for salvage in the Defense Program. The information might be some warning of importance in preparation for some emergency. All problems need better organization in all of the counties of the United States it was decided.



## I. Organization

WARTIME PROGRAMS FOR DEFENSE, ContinuedNeighborhood Meeting, Continued

The discussion period at the close of Miss Reese's talk was led by the Agent. Questions were: How to awake the indifferent; how to reach those who do not have a telephone, radio, or daily paper; and how best to secure cooperation of all. Suggestions were: to give responsibility to many; to have discussion groups where problems could be ironed out; and to believe that it is necessary to have all groups, small and large, no matter what their object may be, well organized for teaching and spreading information for the good of the nation.

It was also suggested that Neighborhood Leaders might be called Victory Counsellors, and help in the extension of teaching better practices. As an example; saving all food, tipping the soup bowl to get the last drop, saving all vegetable juices and leaves, and learning to handle fruits gently so as not to cause waste. Victory Counsellors would carry the information to those who could not attend homemakers' meetings. Emphasis was placed upon the fact that hardships have not yet arrived in the United States; and we should prepare to share in every possible way.

Visit of Miss Mary Rokahr, Washington, D. C.

Defense projects and their effect upon time management in the home of the worker was discussed at the home of Mrs. Frank Jordan along with Miss Mary Rokahr, Miss Jean Stewart, State Leader, and the Agent. Miss Rokahr is studying how war-time work affects the homemaker's schedule. Mrs. Jordon is quite badly crippled but aside from her usual house work, she now cares for 500 chickens, sews for her 5 grandchildren, so their mothers may do some of the things a crippled woman can't do for her country. In all around work, Mrs. Jordon has always lived a balanced life with time for home and family, friends, church, and community. The secret of her success in homemaking with a frail body, as she says it, is: "I systematize my work; I do one task at a time and finish it before I begin another."

A trip to Willcox and a conference with Miss Rokahr, Miss Stewart, Miss Dryden, Miss Virmond, and Miss Billingsly gave the Agent another opportunity to learn of the projects in home management in which Miss Rokahr is now interested. In Cochise County at the Neil home all studied storage, how to improve it, and how to apply present need to the storage space available. Miss Rokahr suggested that each Agent decide upon some one phase of storage which might be emphasized.

## I. Organization

WARTIME PROGRAMS FOR DEFENSE, ContinuedVisit of Mary Rokahr, Washington, D. C., Continued

Miss Rokahr also wished to learn something of how Defense work is affecting home life. Homemakers in Defense Work were called upon to find how the war is affecting their home life and health. Mrs. Bouchet thinks she can continue at the Defense Plant. Mrs. Ewing Jones, who has been working twice as long, says she is very tired now and feels that if she continues much longer, she will wreck her health. Mrs. Nell Gaines has just finished a hospital experience. Mrs. Heller feels that she can continue for a long time. Some studies were made as to how the home is managed. So far, no farm home has been found where the woman has added strictly defense work to her home projects, so the material requested by Miss Rokahr has not yet been discovered, as she wanted some good stories of how women have changed their home management for extra duties during war time.

Visit of Mrs. Slator from Washington, D. C.

Mrs. Helen M. Slator, from Washington, working in the interest of Civilian Relations Division, Office of Civilian Requirements, spent one day in Pima County. Mrs. Slator, Miss Jean Stewart, and a friend from California, and the Agent visited homemakers at Greaterville, Continental, and Sunnyside to discuss the needs for the home and farm as seen through the eyes of the housewife.

Fat Salvage

In cooperation with Mrs. Romine, County Salvage Committee Chairman, the Agent has helped to get all homemakers' groups organized to look after the fat in homes outside of their own group. Fat will be gathered from non-members by a special Fat Salvage Chairman, who will also teach the process of saving the fat. Twenty-four pounds of fat have been reported as saved and turned in to the butcher.

## I. Organization

WARTIME PROGRAMS FOR DEFENSE, ContinuedFood For Defense Broadcasts

During the year, our weekly broadcast theme, Victory Specials in Food, over KTUC on Mondays has given a splendid opportunity for teaching nutrition in cookery. Thus far we have stressed meat cookery, variety meats, alternate dishes, milk, lunches for defense, canning, use and care of the pressure cooker, hints on economy of food, balanced menus, beans, and special emphasis on soy beans, eggs, and egg dishes, whole grain cereals, point rationing and how to make substitutes for foods not available. The recipes, by request of the listeners, have been mimeographed by the OCD and AWVS. Recipes as well as nutrition information are given in the broadcast material.

These broadcasts are of the interview type and require a lot of office time for preparation, but they help to keep in touch with our far away ranch women and we also make many new contacts. Telephone and office calls help to keep us informed as to the needs of our listeners. During the summer and fall, the major portion of the broadcasts dealt with canning and canning problems. Before the canning season began, Share the Meat, Point Rationing, and Wartime Meals were emphasized.

The spread of influence was brought to our attention when literature was requested from Texas, New Mexico, California, and Colorado. It happened that the bulletins we mentioned were taken from our broadcasts and used in a Spanish publication which circulates over the Southwest, the requests coming to us. All were bulletins stressing food for health.

Homemakers' Broadcasts

Four Homemakers groups gave a monthly broadcast for four consecutive months using the themes--Home Work and Projects During War Time, and Maintaining Home Morale. These were also a means of letting the entire county know what groups are doing.

## I. Organization

WARTIME PROGRAMS FOR DEFENSE. ContinuedBroadcasts to Rural Schools

The Agent gave two broadcasts to the boys and girls--one on Thrift and Victory Gardens, and the other on Recreation Among the Hopi Indians, or how to be happy when gas and rubber are being conserved.

Red Cross

Plans have been made with all groups to participate in the fat salvage campaign. The work done by the groups for Red Cross is as follows:

19 sweaters	26 helmets
16 scarves	38 quilts
8 chest protectors	2,900 surgical sponges
3 pair hose	11 bath robes
12 bed side pockets	3 pajamas
29 caps	10 night shirts
	12 bed pan covers

More than 800 hours of time has been given to Red Cross and other Wartime activities. Articles made at home besides these hours counted, number several hundreds and include knitted articles, quilts, and garments. Victory gardens, cows, goats, and chickens, are cared for largely by the homemakers since the men are putting in longer hours in their various projects--all related in some way to defense.

Conferences to Plan for Defense

Extension Conference at Phoenix, December 21-23, '42.

Agricultural Extension workers met in Phoenix for a general workers meeting where defense projects, in particular were discussed. Work was better correlated and plans made for future war activities.

Home Economic Conference for Home Demonstration Agents.

The Planning Conference for Home Demonstration Agents' projects was attended. The entire conference was helpful and gave lots of inspiration towards carrying a very difficult program which bids fair to become no easier as time goes by.

## I. Organization

Conferences to Plan for Defense, ContinuedRed Cross

Special conferences with the Red Cross secretary dealt with the Care of the Sick and other needs which might be met by homemakers. An invitation was given to Miss Margaret Link, Red Cross Secretary, to explain the work to Avra Del Sol Homemakers, as they had made a request for help in understanding the work.

School Lunch and Health

The Agent conferred with the County Health Office and Superintendent of Schools in regard to cooperation in Health and School Lunch.

Rehabilitation of Veterans

One conference with the Committee on Rehabilitation of Veterans dealt with our help in finding rural homes for the disabled when they return.

Prevention of Accidents

Conferences with Mr. A. B. Ballantyne have assisted in outlining this project which has been carried during past years but will be emphasized in future plans of work.

## I. Organization

### JUNIOR PROJECTS IN 4-H CLUB WORK

Garment Making, Food Selection and Preparation, Food Preservation, Victory Projects, Health, Arts & Crafts, and Junior Leadership.

TIME: Throughout the year.

PLACE: Continental, Flowing Wells, Government Heights, Laguna, Redington, Sahuarita, Sopori, Sunnyside.

### HISTORY & PROGRESS:

4-H Club work began in 1923 and has continued throughout the years. At present, work is not of the same quality as in previous years due to a rapidly changing enrollment and to many changes in leadership. Defense work, song leading, business meetings, publicity and recreation are a part of the work of all clubs.

### Work for 1942 and 1943

84 different 4-H Club members were enrolled.  
Of these, 42 completed garment making;  
54, Food preparation;  
10, Food preservation;  
30, Handicraft;  
27, Victory projects, knitting and food

Eight different leaders led 23 different years of work in the various projects, not counting health, leadership, publicity or song leading.

Total number of articles made in garment making-356  
Food Preparation--1420 meals served  
Canning--750 qts. canned  
Arts & Crafts--90 articles made  
Victory Projects carried by 27 members are difficult to enumerate  
The estimated value of food products prepared was \$1083.36.

### State 4-H Club Winners

The state winner in food preparation was Pauline Bonnelly from Government Heights. A party in her honor was held at the Bonnelly home the afternoon of November 14. Twenty-five friends were present including the Home Demonstration Agent and State 4-H Club Leader, Mr. Kenneth McKee. The shower helped to speed Pauline on her way and the many good wishes from friends expressed the appreciation of her good work.



## I. Organization

### Junior Projects in 4-H Club Work, Continued

#### State 4-H Club Winners, Continued

A 4-H bond was delivered to Celia Shumaker for her work in canning and her Victory Garden for 1943.

Virginia Moreno stood first in the county dress revue and represented the county in the state revue.

A party for Pima County's Chicago trip winner, Celia Shumaker, was given for older members and leaders. The girls met at the home of the agent during school vacation week in December, 1942, and sang and led songs, gave specials and also presented the guest of honor with articles to help her remember the occasion.

#### Achievement Days

All clubs held local Achievement Days, no county event was attempted.

#### Government Heights

5-H girls, or older 4-H Club girls, met at the C. T. Moreno home Saturday, August 21, to grade work done since last grading day. The girls showed the work they had accomplished and also the savings made.

A total of 31 blue ribbons and only one red ribbon were given. This was the highest record ever made in Pima County by one group of club members.

Mr. Kenneth McKee, State Leader of Boys' and Girls' 4-H Club Work was present, also Mrs. Lola Dudgeon, State Nutritionist, and Mrs. Agnes Krentz, County Chairman of Boys' and Girls' club work during past years. All complimented the work of the girls and their leader, Mrs. Lota Cochran. After grading was completed and refreshments served, the girls sang 4-H Club songs and the new song, "The New Victory Garden," words written by Mrs. Agnes Krentz to the tune of the Old Oaken Bucket. (The words will be found at the end of "Organization")

Continental and Sahuarita, Sopori, Sunnyside, and Redington held their Achievement Days at the school house during school hours, making the 4-H Club projects a part of the school program. Parents and friends attend all local



## I. Organization

### JUNIOR PROJECTS, Continued

days and help with their praise of the work done. Laguna held an evening Achievement event since many of the parents are too busy to attend day time programs.

Flowing Wells also held an evening event and 125 parents and friends attended, helping a great deal with their enthusiasm for the work.

Before Achievement Day, the Agent gave time for teaching members how to grade. All work was graded by the members with the Agent giving help when needed. We find that all learn much more about standards if they do their own grading. Ribbons are placed and certificates, pins, and awards given on Achievement Day.

Victory projects as knitting, Red Cross, and gardens are graded also on Achievement Day. Girls learned to knit and completed 20 watch caps for the Navy.

All girls over twelve were given special help in learning to fill out a complete report such as must be submitted for state and national contests. This report helps them to keep better weekly records but does require a lot of the Agent's time.

### Victory Garden Luncheon, March 6

The Victory Garden Luncheon at the Santa Rita Hotel was attended by 30 club members, leaders, and guests. The Agent spoke briefly on canning and the value of vegetables as food. She also prepared four girls for the song leading. The latter pleased Mr. Carmack of Sears, Roebuck so well, he asked the girls to repeat the vegetable song for his special program on Saturday at 7:45 a.m.

### "Follow up" 4-H Club Work

As one "follow up" of 4-H older girls' work, the Agent had the pleasure of assisting Gertrude Bejarano secure her naturalization papers. Gertrude was a member of the Pantano Stitch-in-Time Garment Making Club back in the '30s. When the club would have failed because of no leadership, she and her sister Adelina stepped forward and led. They said, "These younger girls must have 4-H work." Now all four of the girls are working towards citizenship. In many ways, they have showed that they are loyal, capable, and reliable citizens; so we shall welcome them as Americans. Gertrude studied the Constitution all alone and passed, according to her examiner, a most satisfactory test.

## I. Organization

JUNIOR PROJECTS, Continued4-H Publicity

The 4-H Club Notes carried a double column headline all year. Each club elects a reporter, and the Agent gives them as much help as possible in making their notes of interest.

4-H Club Store Window Exhibit

All clubs were solicited for garments and canned food for a window display during 4-H Achievement Week. Mr. Robert Moody, Assistant Agricultural Agent, had charge of the Agricultural exhibit and helped in making plans, Mr. Kenneth McKee also gave much help.

## I. Organization

THE NEW VICTORY GARDEN  
(Tune: Old Oaken Bucket)

How dear to my heart is my Victory Garden  
While fondly reflecting I tend it with care.  
The beets and the carrots, I'll have in the summer  
If only the rabbits will leave me that fare.  
That new Victory Garden I plant in the springtime,  
The kale and the cabbage, I watch how they grow  
The beans and the spinach, the onions and celery  
I planted so neatly all in a straight row.

CHORUS:

That good Victory Garden, that fine Victory Garden  
My own Victory Garden, I plant in the spring.

My hours of leisure are now spent in digging  
that new Victory Garden I plant in the spring.  
I dream of the days when my shopping was pleasant  
And I had not a worry of point rationing.  
That new Victory Garden I plant in the springtime  
Will feed all my family, some good neighbors, too.  
The vitamins needed for health and for vigor  
That grow in my garden, I'll share them with you.

CHORUS:

My good little garden, my two by four garden  
My own Victory Garden, I plant in the Spring.

Agnes L. Krentz

## XIII. Nutrition

TIME: All year

PLACE: Ajo, Amphitheatre, Binghampton, Continental, Eureka Club, Ft. Lowell, Government Heights, Homemakers' Art Club, National City, Sahuarita, Sopori, Sunnyside.

HISTORY & PROGRESS

Nutrition work was the first work done by the Agent in Pima County. The work was testing sweet potatoes and yams; the next, canning chicken. This work was done in October, 1921; and Nutrition has continued as a major project since then. During the past year, as in '42, Mrs. Lola T. Dudgeon helped with nutrition problems.

FOOD PRESERVATION

Canning

Many questions were asked about canning, as we had so many new-canners in Tucson also in suburban areas as well as in the rural districts.

Questions on canning have been answered about canning peaches, apricots, carrots, tomatoes, plums, numerous problems about figs, dates, and fresh pineapple, how to prepare spiced grapes and figs. There have been requests for recipes for tomato preserves, cooking kumquats, and making preserves, tomato relish, chili sauce, how to make all kinds of cucumber pickles, how to cure and care for olives, how to can chicken, beef, and goat, and how to use the thermometer in making marmalade. Explicit directions were requested on all canning, oven canning came in for a large number of questions; also questions about the boiling water bath method, the hot pack vs. the cold pack, correction of time for altitude and help in tables for canning with the pressure canners and cookers. All of the questions asked required much time over the phone and to dictate the letters for reply, finding the special recipe desired, then later answering the questions which arose when trying to follow the recipe, all so difficult for the inexperienced canner. So many questions were asked that the Agent decided to hold a clinic for questions about canning.

Canning Clinic

In preparation for the clinic, 265 letters were sent, a room found, and preparations made by the Agent.

Fifty home canners attended the Canning Clinic at the Pioneer Hotel, July 23. Problems discussed included the

## XIII. Nutrition

FOOD PRESERVATION, ContinuedCanning Clinic, Continued

care and use of the modern pressure canner, the correct use of the hot water bath, counting time for processing fruits and vegetables, and the disadvantages of the oven canning method. Two types of pressure canners and one pressure cooker were displayed and explained by Miss Jean Stewart, State Leader, Home Demonstration Work.

Six main types of glass jars and covers or closures were shown and explained by Mrs. Lola T. Dudgeon. Questions about sterilization of jars and the value of the hot pack versus the old time cold pack received attention. The fact was emphasized that the cold pack is no longer recommended by the Bureau of Home Economics, Washington, D. C. since the hot pack helps to shrink the food and also drives out some air. The hot water bath versus the open kettle method was also discussed at length, the open kettle having the disadvantage that there is less opportunity for sterilization of the completed product. An exception was made for open kettle canners who have been trained to sterilize every utensil used during the canning process, and to work with a certain amount of laboratory technique in the kitchen.

Glass jars of food were brought by homemakers to illustrate problems in canning and to give standards for the satisfactory products. Sarah Lieshman, former state 4-H Club winner in canning, Mrs. Warner Taylor, and Mrs. H. E. Fariss graded the jars.

Jar Exchange

No glass jars to be found has been one problem hard to surmount. For years past, the Agent has taken the names of those people who have extra jars to give away, and by this means has supplied many who wanted to can at small expense. During the present shortage, this service has been appreciated by many, as hundreds of glass jars have been supplied to home canners, the Agent acting as the medium of exchange. 5,500 glass jars were collected and distributed.

The need for jars was given over the air in the Agent's weekly broadcast, also by news items in the two daily newspapers; and the response was generous from Tucson and near-by communities.

## XIII. Nutrition

FOOD PRESERVATION, ContinuedJar Exchange, Continued

This assisted in food preservation when no jars could be found in the stores. Mrs. S. M. Warner, in Tucson, volunteered to give her back yard and garage as a depository as her share in Food For Victory. Her work in securing extra glass jars has been appreciated by many who now have canned food where there would have been none.

Other work in Canning

At homemakers' meetings, groups have helped each other by using roll call for questions on canning and as a time for exchanging recipes.

The Agent did some work in canning at home in studying prices and cost of canned food since that question is so often asked.

The Agent has emphasized fighting food waste in all ways possible; hence, she tried out some citrus skins for marmalade. Spreads are in demand and the skins plus carrots, sugar, and pectin make a good spread when butter is not available.

The old-fashioned Denver belonging to the office has been in constant use the past few months--its first constant use as 1943 has been our first heavy canning season.

Home cooks were troubled about botulism and botulinus poisoning. An article prepared by Dr. Caldwell of the University of Arizona helped both Agent and homemakers to better understand the best methods of prevention of this danger in canned foods.

The very good film on canning which arrived too late for use when scheduled was passed upon by members of the Tucson Garden Club so they might use it at a later date.



## XIII. Nutrition

FOOD PRESERVATION, ContinuedOther Work in Canning, Continued

Dr. Forbes gave a very helpful demonstration on the curing of olives to three Agents, Grace Rayan, Floss Barmes and me. He demonstrated everything from the picking in a pail of water, so as not to bruise them, clear through the lye and salt water baths to the freshening and sampling stage. As Dr. Forbes demonstrated the process to us, it seemed very interesting and simple.

Harvest Festival of Tucson Garden Club

The Agent acted as judge of the canned food, by request, and helped a dozen women with special canning problems. Directions and recipes were sent to those who requested help.

Pressure Canners

The Agent has served on the War Board Pressure Canner Committee by helping to investigate applicants and those who share the use of the canners.

So far from the War Board office the following have been issued:

66 letters of eligibility  
54 purchase certificates  
53 canners purchased

Each canner represents at least three members who share the use and can about 300 quarts during the year.

To each person who signed up to use the canner, the Agent sent a letter on the care and use of the pressure canner, also one of the little pamphlets on "Your Pressure Cooker". The War Board cooperated by sending the names and addresses promptly after the letter of eligibility and purchase certificate were issued. The Agent has given her personal opinion in regard to each and every applicant; the Board accepted her decision without question. The Agent explained to would-be-canners the process of making application for canners. She gave the subject publicity through the press, also over the air in her weekly broadcast over KTUC, also over KVOA at irregular intervals.



## XIII. Nutrition

FOOD PRESERVATION, ContinuedPressure Cooker Clinic

This clinic was sponsored by the County Nutrition Committee, Mrs. W. H. Riddell and Mrs. M. Baldwin, and held at the University of Arizona Dairy Laboratory, Monday, September 13, beginning at 8:00 a.m. In cooperating with them, the Agent announced and explained the purpose of the clinic in three weekly broadcasts and by mailing 332 letters to those who had expressed some interest or asked questions about the canner. The Agent also conferred with Miss Stewart and Mrs. Dudgeon in regard to the clinic.

Forty-five people attended, and 43 gauges were tested. The cookers or canners were also tested. Leaks from rubber bands were corrected when possible by turning the bands. Many corrections were needed on gauges.

Mrs. Kelly reported that her new electric stove was badly damaged as the canner does not have enough clearance. The heat cracked the enamel even when an asbestos ring was fitted over the top. She reports that the appearance of the range was ruined. Since Mrs. Kelly takes very good care of her equipment, it is very distressing.

Others report that those who shared the use of the canners were not careful and damage to the pressure canner resulted. At the clinic, several old-time pressure cookers were brought to see if they could be reconditioned. One, a Fairy, put out by the National Pressure Cooker Company must have been very old.

Actual Results in Food Preservation

Returns from the canning questionnaire show the following:

10463 quarts of fruits and vegetables canned by the share-the-pressure-cooker groups.

13,675 quarts canned by homemakers outside of the group enrolled in sharing the cooker, or those who already owned pressure cookers.

225 quarts were canned in tin

50 pounds frozen and dehydrated

500 pounds cured by brining

2 small dehydrators were made

2,124 containers of jam, jelly, and marmalades

5,500 glass jars collected and distributed.

XIII. Nutrition

FOOD PREPARATION

Sharing the Meat and Alternate Dishes

This work was carried to the groups by means of a leader's training meeting. Mrs. Lola Dudgeon helped the Agent to plan the meeting. The Agent accompanied Mrs. Dudgeon to Wilcox where Margaret Billingsly worked with us in B. J. Virmond's home. Alternate dishes were prepared and discussed and preparations made for meetings in our own counties.

In preparation for the Leaders' meeting, the Agent conferred with leaders, wrote letters, and prepared publicity. The visit of the Representative from the National Livestock and meat Board helped the Agent, as did the meetings and conferences with the County Nutrition Committee along with the visit of Mrs. Rae from Phoenix, representing Consumers' relations.

Fifteen leaders met with the Agent in the court house, January 28, to discuss the problem of Sharing the Meat by preparing alternate dishes. The steps to be taken, and the methods to be used in the various communities were discussed. Leaders gave the work back to their own groups and did quite well, even though we had some new leaders. Mrs. Garrett, of Amphitheatre, had never so much as read anything when standing on her feet before a group, but she put her points over and emphasized Meat Extenders. She has possibilities as a leader, and it will be interesting to watch her development. The Ft. Lowell group gave their work exceptionally well, and others did good work.

All in all, we feel that homemakers are ready to pass on information about meat alternates. This is a part of our work for victory and will continue throughout the months.

Broadcasts for January also dealt with our problems, growing out of the Share the Meat project. The Agent gave four Monday radio talks on alternate dishes or Victory Specials. Cookery of cheese, eggs and their food value, as well as the values of other foods used as "specials" at present, were given along with suggested combinations and some recipes.

Eight thousand Share-the-Meat pamphlets left-over at the OCD office were placed on meat counters by the Agent.

## XIII. Nutrition

FOOD PREPARATION, ContinuedSharing the Meat and Alternate Dishes

Variety meats have received a lot of attention over the air as well as over the phone. Soybeans have stood second in perplexing questions, as some cannot cook them "done."

Four hundred copies of "Meet the Meat Alternates" have been distributed, and forty-seven home calls were made in helping to solve problems arising out of our present food rationing--these included alternate dishes as well as general menu planning. Many phone calls also centered around Meat Alternate problems.

Help was given to workers at the Davis-Monthan Field in meat extenders. A special conference with Mrs. Myrland, regional Nursery School director, dealt with nursery school menus.

Dr. George Andrews, of Columbia, wrote the Agent for some food literature in Spanish. The Agent sent Mrs. Dudgeon's pamphlet, "Right Food."

County Wide Meat Demonstration

The Agent assisted the Chairman of the Pima County Nutrition Council in preparation for this demonstration. She announced the meeting over the radio weekly broadcasts, and homemakers spread the word at their meetings. The meat demonstration was given in Tucson by Miss Edaline Stohr, Home Economist, for the National Meat and Livestock Board. Seventy-five rural homemakers attended, there being a total of 500 present. The demonstration was sponsored by the Pima County Nutrition Council and was filled with instruction.

Variety meats and cheaper, but nutritious, cuts were used to illustrate various methods of meat cookery. The work came at a time when all were meat conscious, and the help was appreciated.

Butter, Milk, and Cottage Cheese

Help to 14 new butter makers was given--all were stopping short of the "Fish ball" stage when churning. Six asked for help in general care of milk, and three wanted to learn to make good cottage cheese. Sahuarita reported that members had milked cows--8,000 milkings in all for the year. Help in cheese making was given to three women who requested it.

## XIII. Nutrition

Food Preparation, ContinuedButter, Milk, and Cottage Cheese, Continued

In reply to a questionnaire, 275 Homemakers reported that they were using meat saving recipies and that they had passed information about meat saving or alternate dishes to 1,089 neighbors and friends. The questionnaire was sent to all groups of homemakers.

## XIII. Nutrition

STAPLE FOOD PURCHASING

Another means of stretching the food dollar so there may be more for war stamps is the buying of staple foods. Mrs. Lola Dudgeon, Nutrition Specialist, assisted the Agent in an all day conference in planning for this subject. Subject matter was discussed and stores visited where prices were studied. Based upon assistance given by Mrs. Dudgeon, the Agent gave work on Staple Food purchasing to 18 leaders March 2. The stores were used as a laboratory in the afternoon for working out the most economical methods of purchasing. Some co-operative buying was organized between small groups.

Yellow corn meal, scalp of the sizing and unbolted yellow corn meal, from the Arizona Flour Mills, were used in our leaders training meeting and supplies given to members so they might prepare dishes with the whole grain cereal products for their group demonstrations.

Nine groups did work on buying staple supplies with 18 leaders helping in March and April. Some definite savings have been shown in buying whole grain cereals: 175 have followed this practice, 122 learned to study labels, and 10 have learned the value of keeping some kind of a food record.

Reports from food questionnaires show that 325 homemakers used information about buying staple supplies and passed information on to 842 neighbors. All reports point towards more serious study of purchasing staples, also other food for the home. Those reporting were also studying labels and purchasing in larger quantities than before in order to save money.

PRODUCTIONVictory Gardens

During home calls or phone conversations, the Agent finds people who are interested in the home garden, but confess they do not know how to plant a garden. Help is given and their names passed on to the Agricultural Agents for special assistance.

The Agent's own Victory Garden has helped her to answer some problems.

Talk to Garden Center on Beans

By request, the Agent spoke to 35 members of the Garden Center on the subject of "Beans For Food." The food value of all varieties, also the price element were considered. Those attending requested 32 bulletins on the subject of food and alternates.

## XIII. Nutrition

Diet in Disease

Many people in and near Tucson must use vegetables, but can't use the fiber; hence, the use of juice is the only way to get any of the fresh vegetable elements. The Agent did some work on carrot juice extracting, but no practical home juicer has been found yet.

Special help has been given to those homes where, because of dietary needs, more meat is required. Help has also been given in stretching the meat and helping to appease the worker who thinks he must have red meat more than once each day.

Egg cookery has been given special attention in home visits. There is need for more work in many homes.

Mrs. Dudgeon spent some time in helping to secure material for diet in high blood pressure for Mrs. Deedrick Caudill, former County President of our County Council of Homemakers. Mrs. Caudill, as well as her physician, Dr. Dan Mahoney, expressed special appreciation for the help given. Help was given to 10 women who need much help in making their points supply the needs in homes where special diets are necessary. Three women were given help in feeding year old children, and in working the feeding program in with the family food so as to save time and money.

Other Work

The Agent made a trip to help Mrs. H. Martineau of Binghampton in giving a food talk to the Davidson school P. T. A. They asked the Agent to do this, but the schedule did not permit; and it is best that we use our local leaders in these scattered talks.

Twenty-six home calls were made to help out with war time food problems, and three were made to help with sugar substitutes. Sometimes we feel that our efforts in giving extra time for special needs are not appreciated, but the very special thanks given to the Agent by Mrs. E. Jones for help given repaid her. Several others have said with much feeling, "You can never know how much you have helped me in my food and other home problems, and I want you to know that I do appreciate it."



## XIII. Nutrition

PROCESSION, ContinuedOther Work, Continued

Letters were sent to 33 nutrition leaders in order to help them keep up to date. Canning bulletins and Meat Extender helps were sent to Nutrition leaders so all might know to whom to apply for help when needed.

Help has been given in a wider use of whole grain products, how to prepare soybean sprouts, how to use water glass in preserving eggs.

As a follow up of the sugar program, honey recipes in cooking were given to 24 women; and help in using honey for canning, to 10 women.

CONFERENCES

Four special conferences were held with the chairman of the County Nutrition Committee, Mrs. H. O. Juliani, and with community chairmen. All conferences related to the Share-the-Meat program. Workers brought back some interesting information. In almost all cases, the reply was: "We are ready and anxious to do everything we can to help to win this war. We do not consider we are making any sacrifices at all now." Some few--mostly in our colored groups--admitted that they had been eating more than the allotted portion, but said: "We are going to change our meat diet to fit." Only one report spoke of a woman who considered it "nobody's business" what she ate.

One conference with Dr. Johnson related to consumer buying of food and finding centers where information might be placed for references for those interested.

Marion Moore, from the Phoenix office, talked to a group at the U. of A. one evening on Consumer Prices and Ceilings; she also included the meat problems in her talk, all of which was filled with information for our present needs.

The Agent attended four conferences dealing with the Salvage of Fats and the problems connected therewith.

School Lunch Conferences

Twelve conferences were held in the interest of better school lunches. One trip to Redington was made in the car of Agnes Hunt Park, state worker on the school lunch project; and on the all day long trip, we were able to talk all around the project and its possibilities.



## XIII. Nutrition

CONFERENCES, Continued

Mrs. Frans & Mrs. Tompkins from Flowing Wells, and Mrs. Monroe from the County School Superintendent's Office conferred with the Agent about the new school lunch project. Some tentative plans were made with them as well as with Mrs. Ramsey and Mrs. Dishaw, the idea being for 4-H girls to help a short time each day.

Flowing Wells has organized a very good school lunch--their first. Redington, Continental, Marana, and Amphitheatre have well established school lunches or cafeterias.

## XIII. Nutrition

4-H Baking and Meal Planning

Sopori, Sunnyside, Flowing Wells, Redington, Sahuarita, Continental, Government Heights, and Laguna have all done baking and meal planning largely as part of their Victory project. Redington helps with the school lunch as a special Defense Project. 4-H Club girls assisted the Agent in preparing and serving lunch for the Victory 4-H Market Day Sale. 150 sandwiches were made that Saturday morning and served along with milk and fruit.

4-H Club Canning

Many of the 4-H girls are doing some canning. Celia Shumaker, Pauline Bonnelly, the Moreno girls, and some of the Sahuarita, Continental, and Flowing Wells girls are most active. Pauline Bonnelly, of Government Heights, showed by her canning record that during the past year, she has spent 139 hours and 45 minutes in canning alone. The 210 quarts she canned represented a saving of \$58.08 for the home budget. Since her canning represents fruits and vegetables canned and also some dehydration, this means considerable saving in points for the family.

4-H girls canned 625 quarts of fruits, vegetables, and meats and helped mother with much more.

The new 4-H Club Meal Planning bulletin, "Arizona Meals the 4-H Way," required special conferences with Mrs. Dudgeon as well as those with homemakers and 4-H Club members.

Mrs. Dudgeon wished to visit girls and mothers so as to find out what they are thinking that should and could be done by 4-H Club cooks. In an all day trip, visits were made at the homes of: Watkins, Dishaw, Loudermilk, Taylor, Moody, and Bonnelly. When the ditto sheets were ready, copies were mailed to all who had shown some interest, as well as to the homes visited; and comments were requested. Some of the comments were: "Very good material"--"Very easy to understand; and when the pictures or cuts are added, it will be perfect!" Pauline Bonnelly and Celia Shumaker discussed the ditto copy and decided it was "good material and very interesting." Jeanne Loudermilk, being a busy 14 year old summer housekeeper since her mother has a broken leg, wrote: "It is a very nice bulletin, there are so many things in it that I do not remember from my former 4-H Club work." Mrs. Krentz,

XIII. Nutrition

4-H Club Canning, continued

Mrs. Tompkins, Mrs. Ramsey, Mrs. Cochran, Mrs. Dishaw, said it was excellent material. Mrs. Tompkins said: "Just what I have been wanting--cooking with mother and daughter"--the others also liked the idea of working with mother. The only question being, "Is that too much for girls to do in one year, with bus trips to and from school?"

## XIV. Clothing

TIME: Throughout the year

PLACE: Amphitheatre, Ajo, Avra del Sol, Binghampton, Eureka, Ft. Lowell, Government Heights, Homemakers Art, National City, Sahuarita, Sopor, Sunnyside.

HISTORY & PROGRESS:

Work in Clothing has been carried in Pima County since the fall of 1921. Construction and selection has been emphasized throughout the years. During the present years, we have placed special emphasis upon the care of clothing and extending the life of all garments so that the family may be appropriately dressed.

Economics of Clothing

EXTENDING THE LIFE OF GARMENTS

Laundry and Dry Cleaning

Demonstrations to leaders in training meetings were given in the year preceding, but the results have been carried over into this year; and the practice has also been extended to new members.

One method used by members to demonstrate what they had learned was by wearing to the December meetings garments which they had laundered or dry cleaned at home according to the instructions given at previous meetings. A total of 154 women were demonstrators of methods in dry cleaning and laundry work. Others reported that they had cleaned and pressed garments, but that they were keeping them for Christmas. In order to help new members in our present changing enrollment, second demonstrations were given. They made of these a work meeting. Women brought their garments and prorated the cost of the solvent.

The dry cleaning, laundry, and pressing demonstrations given in '42 have been found useful. Reports from the questionnaire show that 4,046 garments were dry cleaned and pressed at home and that information in regard to the work was passed on to 546 people.

## XIV. Clothing

Mending

Mending Made Easier was presented by means of an all day leaders' meeting in April. Preparations for the meeting included conferences with the group leaders and one day's work with Miss Lorene Dryden, Clothing Specialist for the Extension Service of the University of Arizona, who assisted in conducting the all day clothing meeting.

In the morning, mended garments were shown to all illustrating ways to make garments last longer. The afternoon was given over to a work meeting when mending was done.

The taylor's patch was made, and other set on patches were made more inconspicuous by means of the rantering stitch. The stockinette patch was used on knit wear; the  $1\frac{1}{2}$  minute overall patch was demonstrated for work garments. Reweaving, repairs for knits, darning, and the machine stitched patch were also included in the afternoon work meeting. The leaders gave this work back to the groups.

The work in mending was well received in all groups. Reports have been quite enthusiastic and all felt that it was a timely topic for Defense. In most of the groups, interest was already kindled by the real need for prolonging life of all garments. Some excellent samples of mending have been shown.

The leaders have a clever way of demonstrating. They passed the garment with the patch around the circle and asked each member to take a few stitches so as to learn.

The mending kit was found helpful in all groups. This kit was prepared by Miss Dryden and passed around to all groups so they might study the completed models. Dates for exchange were worked out at the training meeting, and the members adhered to the schedule so no group was missed.

Groups feel that mending is important; therefore, a second meeting was held in September. The agent gave the work to the far-away-group of Ajo by means of correspondence, bulletins, and models.

The booklet, "Mending Made Easier," prepared by Lorene Dryden was praised by all members who received it. Women decided to keep it handy for reference. A check up shows that good work has been done in this project. At all meetings, mending has been prominent as women wear or bring garments to the meetings which illustrate repairs and are

## XIV. Clothing

Mending, Continued

proud of their work. As one woman expressed it, "We are proud to mend for Victory."

Results

Reports from clothing members show that 4,476 garments were mended, and information about care of clothing and mending was passed on to 889 neighbors.

Construction, Remodeling

The report for the year from Pima County Homemakers reports the construction of 815 new garments and 250 remodeled all for members and their own homes.

Other Work

Dress forms have been made by twenty-four women, the Agent giving the instruction to members who have already made them and were willing to pass on the information by giving demonstrations to scattered groups.

The home laundry in general, as well as self-service laundries, have required time for conferences and special help in extending the life of home clothing and linens.

House Furnishings has not been an organized project but is still done as a result of work done years ago, so we have not included the subject under a separate heading but have done the work along with the clothing project.

Slip cover making was a project reported by twenty-six women and re-upholstering for twenty-four--all as a result of previous work. Making feather quilts from old, also some from new feathers, was a project reported by sixteen women. Fifty-seven articles of home furniture were repaired and forty-seven re-upholstered in the defense effort to save everything possible. Along with house furnishings, the women have carried the beautification of home grounds by an inexpensive plant exchange.



## XIV. Clothing

4-H CLUB GARMENT MAKING

The 4-H Garment Making project was carried at Continental, Flowing Wells, Government Heights, Laguna, Sahuarita, and Sopori.

All years of Garment Making from the first to the fifth were included. Articles made by 42 girls numbered 356 with an estimated saving of \$200.50.

Arts and Crafts, which might be included under sewing since it required some hand work, numbered 90 articles made. In clothing, emphasis was placed upon mending in order to extend the life of all garments.

The Agent's part in this work was to give demonstrations to the members, to help leaders with special problems, to pass on to the members improved practices as suggested by Lorene Dryden, Clothing Specialist, and suggestions for organizations and general club work as given by Emil Rovey, State Club Leader, and his successor, Kenneth McKee.

Achievement Days in clothing were held in combination with other 4-H Club work as given under Junior Organization.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
State of Arizona  
Third Floor Court House  
Tucson

University of Arizona  
College of Agriculture  
U.S. Department of Agriculture  
and Pima County Cooperating

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

(Sample of one of the questionnaires  
sent out by the office)

October 9, 1943

Dear Homemaker:

Annually the Home Demonstration Agent's Office is responsible for securing figures to show the results of the work of the Homemakers Club Members.

I shall appreciate your help. If you will check the enclosed sheet and fill in the blanks, we will have all the facts we need. Do not forget to write in the name of your club. Please return promptly as we need the information by October 31, 1943.

You may send back the report without postage if you use the enclosed envelope since my signature is here.

Sincerely yours,

*Evelyn A. Bentley*  
Evelyn A. Bentley, Home  
Demonstration Agent

EAB:L

SUMMARY SHEET

1. I have used information about buying staple supplies Yes \_\_\_\_ No \_\_\_\_  
2. I used meat saving recipes Yes \_\_\_\_ No \_\_\_\_  
3. I passed on information to \_\_\_\_ neighbors.  
(Number)

1. I used the information about fabrics Yes \_\_\_\_ No \_\_\_\_  
2. I have dry cleaned \_\_\_\_ garments.  
(Number)  
3. I mended \_\_\_\_ garments.  
(Number)  
4. I passed on clothing information to \_\_\_\_ neighbors.  
(Number)

Canning:

1. Approximately how many jars of vegetables canned \_\_\_\_  
jars of fruit canned \_\_\_\_  
jars of meats canned \_\_\_\_  
2. I own a pressure cooker Yes \_\_\_\_ No \_\_\_\_  
3. I have a garden Yes \_\_\_\_ No \_\_\_\_

My Club is \_\_\_\_

## Members of 4-H Collect 15 Tons of Scrap Metal

S72 R-12-6-42

Collection of more than 15 tons of scrap metal was among the work reported this week by the Flowing Wells 4-H Club. Members have purchased \$41 in war stamps, several of the children picking cotton during the Thanksgiving vacation using the money earned to buy stamps.

Boys and girls of the Continental Conquerors also picked cotton during the Thanksgiving vacation and are picking this week-end to get money for a Christmas party.

Four-H Club reports for this week follow:

### FLOWING WELLS 4-H CLUB

By Marion Brown

The Girls 4-H Club decided to give a Thanksgiving party and invite the Boys' 4-H Club. It was given the day before Thanksgiving from 2:30 to 4:30 p. m.

A game was played before refreshments. It was called Red Rover. The boys had built a bonfire and while we played Red Rover the fire burned to coals so we could roast wieners and marshmallows by it.

June Hooker brought some sugar cookies which she had baked. Billie Harruff brought some chocolate fudge which she made and Mildred Deitring brought a handsome cake decorated with white and chocolate frosting with "Flowing Wells 4-H" lettering on it. We were all very proud of it.

The girls all helped mix the punch, which was made out of lemons and Koolaid.

The boys dragged a big table outside for us to eat on.

After refreshments we went into the first grade room and played some more games.

We had two new members at the party as guests. Their names are Bill and Claudine Skinner.

Mr. Van Doren and Mrs. Tompkins, our 4-H Club leaders, chaperoned the party.

We were sorry that Dawn Van Gorden and Louise Sims couldn't attend because of illness and that Loretta Gray was not there because of having gone to Phoenix.

We have collected over 15 tons of scrap metal at this time have about \$41 in war stamps.

Several of the children picked cotton during the Thanksgiving vacation and are buying stamps with the money earned. Even some of the first grade children are picking cotton, too.

Billie Harruff is the first member to finish her watch cap for Bundles for America.

dren of China, Our Earth, Americans All, Argentine Soil and Winning Your Wings. There were two songs, "Anchors Aweigh" and "Caissons Go Rolling Along." We wish to thank Mrs. Ross for bringing the people of other lands here to us.

The Homemakers' Club was pleased to announce that \$85 were taken in at the pie supper given to raise funds for Bundles for America.

Sahuarita and Continental Homemakers met at the home of Mrs. R. A. Davis Friday. They held their annual Christmas party and pot luck dinner.

### 4-H CLUB OBJECTS

The H's stand for the training of the head, heart, hand and health. The club emblem is the four leaf clover which signifies better living, better homes, better morals and a better nation.)

### CONTINENTAL CONQUERORS

Robbie Jones, Reporter

The 4-H Club girls in the third and fourth year groups are making a good showing with their skirts and blouses. Hems are being put in and taken out again by the other groups.

Most of the boys have completed two articles. Some of the things made are book ends, tabourettes, feed hoppers and bread boards. They find it more and more difficult to obtain boards to work with.

We are happy to have Dorothy and Johnny Blythe back in our school again. They are visiting Mr. and Mrs. F. E. Jones.

Mrs. Mabel Russell, our 4-H Club leader, spent Thanksgiving vacation at her home in Gilbert.

With the ten dollars received for the scrap metal we turned in we plan to buy records for our Victrola.

Some of the boys and girls picked cotton during Thanksgiving vacation. We hope to go as a group, next week, and pick for a few hours to get money for a Christmas party.

We were very glad to have the people from the Sopori School visit us last Wednesday when Mrs. Ross, the county school superintendent, showed us a group of motion pictures. The subjects she chose for us were Children of Holland, Chil-

## HEALTH STRESSED IN 4-H BULLETIN

"Health and Attractiveness the 4-H Way" is the title of the new 4-H bulletin just issued by the agricultural extension service of the University of Arizona.

Compiled by Emil M. Rovey, extension specialist in boys' and girls' club work, the bulletin offers a check list for young people on their good health and physical attractiveness. The youngsters are offered specific suggestions for keeping physically fit and mentally alert, for being well groomed, getting adequate sleep and sufficient and proper recreation, keeping teeth in good shape, and eating three balanced meals each day.

There are also pointers on how to get along easily with others, on care of clothing and body, and on conversation and table manners.



# Winner of 4-H Club Trip Tells of Chicago Journey

Star - 12-27-1942

Cecilia Shumaker, of the Laguna 4-H Club who, as best all-around home economics girl, was a state trip winner to the national 4-H Club roundup at Chicago early this month, reported an interesting trip to the Chicago gathering. Cecilia was one of a group of 12 Arizona club members who made the journey.

Many interesting meetings and excellent entertainment were provided the members of the party, Cecilia says in her report, which follows:

## THE TRIP TO CHICAGO By CECILIA SHUMAKER

I was informed that I would be picked up at 7:15 o'clock Thursday morning, Thanksgiving day. Sure enough, promptly at 7:15 a.m. on the said morning, there was a knock on the door and Mr. Rovey cheerfully greeted me. After putting my bags in a trailer hitched to the back of his car, Mr. Rovey introduced me to the occupants of the car, Charlotte Patterson, Margaret Burnett, and Tommy Patterson, Charlotte's cousin.

At Coolidge, we met Miss Jean Stewart, Dorothy Ingle, and Shirley McPherson. Dorothy and Shirley climbed into our car. Mr. Rovey's

car now held Charlotte Patterson of Elfrida, a sectional winner in the "home beautification" contest, Margaret Burnett and Dorothy Ingle of Pearce, our dairy foods demonstration team, and Shirley McPherson of Elfrida, our state canning champion.

## Train at Phoenix

After eating our Thanksgiving dinner in Phoenix, we boarded the train and at 3 p.m. we pulled out. Our group had increased from six to 12. We bade Mr. Rovey goodbye and Mr. LeRoy M. Gavette, assistant county agent of Pinal county was the man in charge of our group. We added to our group Louisa Simons of Yuma, our representative in "clothing achievement," Sharlott Hardesty from Palo Verde, who participated in the National 4-H Dress Revue in Chicago, Barbara Jean Austin, first in food preparation, Cederick Darter and David White of Casa Grande, Arizona's dairy demonstration team, and Raymon Percy of Phoenix, one of the winners of the meat production contest. John Saylor of Clemencau, the other meat production winner, boarded the train at Prescott.

Our trip from Phoenix to Ashfork was by chair car. At Ashfork, after a five-hour wait (from 9:30 p.m. until 2:30 a.m.) we boarded a Pullman. Next morning we woke up to find a gang of New Mexico kids in our car. We went to breakfast at 10:30 a.m. and the porter told us "You're too early for lunch." That day and the next we had lots of fun singing, playing games, and listening to the jokes of Mr. W. W. Wilson, who was in charge of the New Mexico bunch.

## Reach Chicago

Sunday morning at 9:30 o'clock found us safely in Chicago. Mr. Gavette summoned three taxis. We crawled into two of them and our bags were piled into the third one. We were off to Hotel Sherman, where we stayed during the five days. We waited there for our rooms and our bags. We got our rooms, but no bags. That night at 10:30 when we came home from the Sunday Evening Club, we found them in Mr. Gavette's room. He told us he just located them, they had been taken to the wrong hotel, but it took 12 hours to locate them.

Monday morning at 7:15 a. m. we were in the Grand Ballroom of the Palmer House where he had a hearty breakfast with entertainment, as guests of Sears, Roebuck and Co. For souvenirs, we received defense stamp corsages.

The general assembly where we sang songs led by Mr. Albert P. Stewart was held in the Grand Ballroom of the LaSalle Hotel, at 9:45 a. m. At 10:20 a. m. we broke up into discussion groups—about 30 in a group—and discussed "What Is This War About?"

## Luncheon Guests

At 12:00 noon we had luncheon and entertainment, guests of International Harvester Company. There we received Eversharps and a group picture was taken to be sent to us later.

That afternoon the girls visited the Field Museum of Natural History where we saw the Hall of the Stone Age Men, Hall of Races of Mankind, animals and fish, mummies, Roman bathtubs, and other exhibits. All too soon it was time to go. We rushed to the Palmer House where we had dinner and entertainment as guests of Thomas E. Wilson and Company and National Committee on Boys' and Girls' Club work. There we received autograph books as souvenirs.

Tuesday morning, we ate at the General Assembly and had a special speaker, Miss Mary Barber, expert food consultant to the secretary of war who proved to be a very charming individual. In our discussion groups we talked about "What Are Youth's Best Contributions to Winning the War?"

In the Marine Dining Room of the Edgewater Beach Hotel, the girls had luncheon and supper entertainment. I sat over by the windows and watched Lake Michigan. We were guests of Montgomery Ward and Co. You should see the nifty sewing boxes that were given to us.

## Annual 4-H Banquet

That evening we went to the annual 4-H banquet of the Twenty-first National 4-H Club Congress. This was held in the Grand Ballroom of Hotel LaSalle, where we learned that Louisa F. Simons is one of the 12 national winners in "Clothing Achievement" and that Tommy Patterson was one of the two national winners in "Rural Electrification." They both received \$200 college scholarships. Charlotte Patterson, a national winner in "Home Beautification" was given the trip as her award. A 4-H drama was presented in which "Ma Perkins" of radio fame acted as the grandmother.

Already it was Wednesday morning, 7:30 a. m. and time for the girls to go to breakfast and a style show at the Morrison Hotel where we were guests of Chicago Mail Order Co. There we learned that red is the color.

The National 4-H dress revue was held at the General Assembly. Sharlott Hardesty's wool suit won a red ribbon, that's second place.

Our farewell dinner and entertainment was given us by the Kraft Cheese Company. The Kraft choir sang for us. We received as souvenirs, scarfs of a new cloth—aralac—which is made from milk and also one of Mr. J. L. Kraft's Christmas letters.

## Art Institute

That afternoon the girls visited the Art Institute. More wonderful paintings! We were there about an hour but there wasn't time to see only 40 paintings.

After eating supper at Anne's Cafe we boarded special elevated trains for the Dragon Ballroom where we had our farewell party as guests of the Spool Cotton Co. The ballroom was beautiful.

Thursday we had for ourselves. The Club Congress was over. We



started the day by visiting the Breakfast Club. Cederick Darter was chosen breakfast clubber of the morning. From Merchandise Mart we went to the Observatory in the Chicago Board of Trade's building, viewing Chicago from the forty-third story. Then we visited the market itself. After this we located the Prairie Farmer. There we were royally entertained. Margaret and Tommy spoke on the radio over WSL. When asked how he won that contest in rural electrification, Tommy modestly replied, "Oh, just wired a few houses." We saw the big printing presses, how plain papers go in one end and magazines come out the other. We had lunch in the little lunch room of the Prairie Farmer. That afternoon we visited the Planatorium and Marshall Field's. Did we have fun riding up and down on escalators!

#### Skating at Kansas City

Friday morning found us boarding the "Kansas Cityan." I slept most of the day. In Kansas City, Mo., where we had a five-hour wait from 6:00 p. m. to 11:00 p. m. we went ice skating at the Playmoore. What fun! I ice-skated though not where most people do. All the rest of the way home I slept. We pulled into Tucson at 10:30 Sunday morning. Mr. Rovey met Margaret and me and delivered us to our respective places. When I think of the trip, a flood of happy memories comes. Of course there were times of embarrassment, like the time in Chicago when I was eating my first breakfast in that wonderful city and I tipped over my glass of milk! But even that is funny, now.

#### FLOWING WELLS 4-H CLUB

Louise Sims, Reporter

Mrs. Ross came out to see us last week and brought the movies she has been showing to the county schools. The Laguna School came over to see them with us. We enjoyed having them as our guests and hope they can come over again some time. We also enjoyed the movies very much and wish to thank Mrs. Ross for showing them to us.

This week she has sent some electrical transcriptions out for us, which we are playing and hearing every day. Some of them are fairy tales and others are Dickens Christmas Carol.

Last week being Pearl Harbor week, we had a miniature war stamp drive. We bought over \$33 worth of stamps.

This week we are planning our Christmas parties. Each room is buzzing with the preparations for Christmas as we are having individual programs in our rooms instead of having one big program for the whole school.

#### 4-H CLUB OBJECTS

(The H's stand for the training of the head, heart, hand and health. The club emblem is the four-leaf clover which signifies better living, better homes, better morals and a better nation.)

# Women On Farms Work For Victory

*Arizona 12-16-1942*  
**Great Quantity Being  
Done By Homemakers  
And 4-H Clubs**

Pima county's feminine farm population has taken the war more seriously and done considerably more to hasten its victorious conclusion than have the women in the urban areas, in the opinion of Miss Evalyn A. Bentley, county home demonstration agent, who today completed the preliminary draft of her annual report.

Ending the first complete year of the United States' participation in the world conflict, the 13 homemakers' groups in the county, which include both adults and junior workers, have succeeded in increasing their regular educational and improvement programs while indulging in numerous activities that are a direct result of the war, the report shows.

#### Increase In Volunteers

The most outstanding accomplishment of the year, Miss Bentley thinks, is shown in the scope of the work done by volunteer leaders. Part of the large increase in the number of such leaders is attributed to the increased interest resulting from war activities, but, at the same time, these women have gained the fundamentals of home demonstration work and are now guiding the various clubs in all types of activities, thus taking some of the load from the overburdened shoulders of the demonstration agent.

Notable progress was made in home clothing projects, which include the making of comforters, sweaters, etc., that have been placed in central places to be used in event of an air raid or other result of the war which might destroy the comforts of large numbers of people.

#### Complete 2,910 Garments

Maintaining their previous quota of 3,000 home garments, the homemakers' clubs also completed 2,910 garments and comforters for so-called defense projects. These latter garments will be made available to the needy in case no war emergency arises to make their use in that respect necessary.

Special attention had to be given in the past year to the care of clothing made of synthetic materials so that woolens and silks might go to the war effort. The clubs gave less attention to the making of new "dress-up" garments this year than in the preservation of those now on hand and were given special instruction in laundering and home dry-cleaning methods that would not melt the fabrics.

The war brought a change in the method of handling the affairs of Miss Bentley's office as transportation difficulties caused a large increase in affairs transacted through correspondence and telephone calls. Previously, many more women visited the office to transact their business.

#### Membership Grows

Membership of the 13 clubs, which now totals 575, increased 75 despite the loss of many members who moved because of war employment elsewhere. Meetings during the year totaled 410, with 68 volunteer leaders directing them and 7,599 adults and children attending.

There were 68 method demonstrations attended by 1,127 adults and 64 4-H club demonstrations attended by 976 juniors. Volunteer 4-H club leaders held 328 meetings with a total attendance of 4,855 and 80 4-H club members in 43 clubs completed home economics projects.

Work accomplished in and from the office included 181 home visits, 1,967 office and telephone calls, and 518 letters written and bulletins distributed.

#### Makes Detailed Report

The following was reported under the heading of foods and nutrition: 340 members report improved practices, 12,286 quarts of meat, fruits, and vegetables canned; 890 quarts canned by 4-H club members, 164 victory gardens maintained by new gardeners, and 3,160 units of food prepared by 4-H club members, with an estimated value of \$241.20.

Under the general heading of clothing, Miss Bentley reported 555 improved practices in the care of clothing, and 321 articles in garment making by 4-H club members, with a total value of \$108.06.

A total of 278 homemakers learned better care of home equipment and 275 cotton mattresses and 299 cotton comforters were made.

Copies of the report, which includes pictures of various projects, are sent to the University of Arizona, the United States department of agriculture, and the Pima county board of supervisors, and one is retained in the demonstration agent's office.

Evalyn A. Bentley  
Pima County---1943

MORNING, JANUARY 3, 194

<sup>STAR</sup>  
**Celia Shumaker  
Honored at Party  
By 4-H Groups**

Miss Evalyn Bentley was hostess at a party on Thursday, in honor of Celia Shumaker who is this year's 4-H Club trip winner. Celia who has just returned from her trip to Chicago, told of her experiences. Souvenirs from the trip were shown including a scarf given her by the Kraft Company. The scarf was a novel fabric made of milk.

Those present were Mrs. Sarah Bentley and Miss E. A. Bentley, and Mesdames E. Cummings, A. J. Grombie, L. Cochran, A. Krentz, and the Misses Celia Shumaker, Alice Getzwiller, Frances Watkins, Eleanor, Gloria, and Virginia Moreno, Gloria Apodaca and Pauline Bonnelly.

The former trip winners present were Gloria Apodaca—1940, and Frances Watkins—1937.

Eleanor Moreno is at present on her Christmas vacation, and will leave shortly for Washington, D. C. where she has been working for the past year.

Songs were sung which were led by leaders of various clubs. Frances Watkins sang "Serende." Pauline Bonnelly, and Gloria and Virginia Moreno sang "Jesu Bambino." Both were accompanied by Eleanor Moreno at the piano. Later, several pictures were taken.



Jan. 17, 1943

# Sewing, Horticulture Are Among 4-H Club Activities

Sewing, garden and farm work, making defense posters, tree planting, and many other activities occupied the 4-H Club members of the county during the past week.

One 4-H Club member won a prize in the old-time fiddling contest in Armory Park at Tucson last Sunday with his interpretation of "Arkansas Traveler."

## FLOWING WELLS

Louise Sims, Reporter

The girls in the 4-H Club are getting their watch caps about three-quarters finished. Miss Bentley was out to see us Tuesday and she gave us some interesting and valuable pointers for our sewing lessons. She told us when our caps were finished we would judge them among ourselves and then she would make a final judgement of them. We expect to finish them in about three weeks.

Mr. Moody also was out to see us this week and he checked up on the boys gardens and other farm projects. He is helping us get our record books up to date.

We miss Miss Copeland and Mr. Van Doren, but we do like our new teachers, Mrs. Zinn and Mrs. Benton, very much.

## Making Calendars

In Art we are making calendars and the fourth and fifth grades are making defense posters. We also sing patriotic songs at assembly time every Monday morning.

The new flags we received from Santa Claus for Christmas are displayed, one in each room, and the eighth grade room has a state flag besides. We are very proud of them.

Some of the children have things

of the early days at home, so Mrs. Benton thought we might plan a collection of things of the Old West.

Bill Skinner of the 7th grade won a prize at the "old fiddlers contest" at Armory Park last Sunday for the best playing of "Arkansas Traveler."

## SAHUARITA COTTON BLOSSOMS

Lillian Rupp, Reporter.

Fifty one bales of cotton burned at the gin Monday night, January 4, 1943.

The 4-H boys planted some new trees in our school yard.

Virgil Murry has moved back to Sahuarita after spending three weeks in Tucson.

The last two days it has rained out here.

It snowed at Helvetia Thursday night.

During Christmas vacation, James Davis bought two bonds. We are very proud of his record.

Wanda Lee McLee More and Helen McLee More entered the third and second grades this week. Mr. McLee More is working at the air field.

## CONTINENTAL CONQUERORS

Joy Ann Gann, Reporter

Our 4-H Club had its first business meeting of the new year, on Tuesday. We have two new members; Georgia Kieler and Louise Cook.

Joy Ann Gann was elected reporter to fill the vacancy created when Bobbie Jones moved away.

Glendine Staggs has completed her head scarf and Juanita Lasater her dresser scarf.

The children from the Canoa Ranch are very much interested in the moving picture which is being taken at the lake on the ranch.

The dance at the school house Saturday was enjoyed by the people of the community and their friends.

## FARM WORK

George Gann, Reporter

Early each morning the men start their daily work. Milking cows usually comes first. It takes from 10 to 15 minutes to milk one cow. Then they must be watered and fed. Each cow eats from one to one and a half bales of hay every day. Green pasture, of course, is better. Cotton seed, barley, and oats are sometimes used as feed.

If there are horses they must be fed and watered also.

Then the men hitch the team or tractor to the plow, cultivator, disk, drag or other implement and start work for the rest of the day. They often carry a lunch and eat as they work. Busy days these are, for all. They come in from the field just in time to get the milking done before dark.

## SOPORI WILLING WORKERS

Yolanda Amado, Reporter

On January 12, we had a 4-H Club meeting. Natalia Amado read the minutes of the last meeting. Our leader, Mrs. Christian, read to

us from the book, "The Home Vegetables Garden In Arizona" by Fred Draper. The book said that a garden 66 ft by 66 ft would cost between \$2.00-\$3.00 for the seed. For a garden that size a ton of fertilizer would be needed. This costs about \$3 a ton delivered.

The ones who are going to plant gardens are: Gus Amado, Arsenio Pina, Natalia Amado, Ofelia Garcia, Inez Garcia, Armando Moyza and Yolanda Amado.

Mrs. Christian is teaching the older girls how to knit. We think its fun to knit.

Mrs. Micaela Martinez received word that her son, Private First Class Joe F. Martinez was wounded in action in New Guinea.

Mrs. Quiroz from Fort Huachuca is visiting Mrs. F. Seelig. Mrs. Quiroz's little boy, Arturito, is visiting the first grade in school.

Corporal Chris Mindermin, son of Mrs. Chris Mindermin, is home on a furlough.

## 4-H Club Objectives

(The 4-H's stand for the training of the head, heart, hand and health)

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## Annual Events Will Be *January 31, 1943* Localized By 4-H Clubs

Local 4-H Club exhibits and Achievement Days, instead of a County wide 4-H Fair, will be held this year due to present conditions, according to Evalyn Bentley, home demonstration agent, and Robert J. Moody, assistant county agriculture agent. Boys and girls will plan for an all day or afternoon 4-H fair and Achievement Day. At this time pins will be presented if all work has been satisfactorily completed. Continental has chosen as a tentative date, Tuesday, April 6. Dates will be chosen later by other clubs.

### LAGUNA LOYAL LABORERS

By Robert Burton, Reporter

We have three new members in our club. They and their projects are: Gilbert Pineda, goats and woodwork; Tony Pineda, flowers, and Marion Carter, chickens.

Wanda Gean and Charlotte Ray, of Flagstaff, visited our school last Monday. They are Henry Gizzles cousins, and they and their parents are visiting here.

The primary grades are making valentines.

### FLOWING WELLS 4-H

By Louise Sims, Reporter

We have a new student in the seventh grade whose name is Robert Van Dyke and also one from Amphitheatre who is in the fifth grade. His name is Jerry Jones.

June Hooker and Joyce Harrison left last week.

Mildred Deitering and Louise Sims finished their watch caps and Claudine Skinner finished making her dresser scarf this week. Some of the boys have nearly finished the chairs they are making.

At our regular Monday morning assembly program, Joan Woods and Ruth Bradford played a piano duet entitled "The Dance of the Dutch Dolls." Mary Kate Zinn gave a recitation called "Moo, Cow, Moo."

Mrs. Tompkins received word that her nephew, Cpl. Robert H. Tanzin, 20, who was in New Guinea and whose company was one of the units which led the attack against the Japs at Buna, was killed in action December 27.

### SAHUARITA COTTON BLOSSOMS

By Lillian Rupp, Reporter

The dust storm made lots of work for the housewives this week.

Three new families moved to Sahuarita this week, Mr. and Mrs. Ralph Dugan and family, Mr. and Mrs. Pete Ballerteras. Fermin and Frances Ballerteras entered the primary grade.

The cotton pickers finished the cotton in Sahuarita and will finish it in Casa Grande.

Mr. Dishaw's sow killed one of his pigs.

Mrs. Frank Gander is home after a pleasant visit to Phoenix.

Mr. Murry is back after a visit to Tucson and Trice is back in school.

They are putting a large septic tank in the teachers back yard, and the boys are helping with it.

Jackie Sanchez was very ill, and they took him to the hospital in Tucson.

Arline Luker and Lloyd Cloud married last week. Arline was one of our pupils, and we wish Mr. and Mrs. Cloud much happiness.

Our candy sale was a great success and netted us a nice sum for our 4-H Club.

### 4-H Club Objectives

(The H's stand for the training of the head, heart, hand and health. The club emblem is the four leaf clover which signifies better living, better homes, better morals and a better nation.)

January 24, 1943

## Mobilization Week Will Be Observed By 4-Clubs

Evalyn Bentley, home demonstration agent, has announced National 4-H Mobilization Week, February 6 to 14, by which time all enrollments must be complete and plans made for the completion of the work for the coming year. In Pima County, April has been the month chosen for the major portion of 4-H projects in home economics. She has

asked all Pima County clubs to check up on their programs and make sure they are doing their utmost for victory.

### CONTINENTAL CONQUERORS

Joy Ann Gann, Reporter

When our 4-H group came to the meeting Tuesday, we were surprised to see Miss Bentley. She gave us some posters showing the amount of different vitamins that are in many of our common foods.

Sometimes for lunch Mrs. Hale adds a soybean soup mixture to our stew. We are growing accustomed to the new taste and hope that soon everyone will really like it. It is one substitute for meat.

Everyone hopes to complete her year's work by the first of April. Perhaps then we can have an exhibit here at Continental before the close of school.

### SAHUARITA COTTON BLOSSOMS

By Lillian Rupp, Reporter

It has been windy and cold this week in Sahuarita.

Mr. and Mrs. Merle Hooper and family came this week from Mesa. Herbert entered the fifth grade and Louise the fourth. Mr. Hooper is working at the airfield.

Mr. and Mrs. James Mason came from Whitefield, Oklahoma after the holiday's to make their home in Sahuarita. James entered the seventh grade and Helen the fifth grade.

We were sorry to lose Estella Salsido from our 4-H club and Tillie from school.

Mrs. E. E. Evans is back home after being ill in Tucson.

We are digging potatoes and thinning lettuce now; also shipping turnips and carrots.

The fields are being plowed, preparatory to planting cotton.

Three families left Sahuarita this week: Mr. and Mrs. Carter and baby, Mr. and Mrs. Roberts and family, and Mr. and Mrs. Richard Brooks and baby.

The 4-H girls are going to have a candy sale at school Friday.

in the 6th and Marie in the 1st grade.

Johnny Miller brought some good exhibits for our Old West collection. Among them is an ox shoe.

Eleanor Dobias has been appointed monitor for the fourth and fifth grade room.

Mrs. Tompkins, first grade teacher and our girls club leader was absent this week on account of illness.

We are having a magazine and old razor drive to help the Navy Mother's Club.

### LAGUNA LOYAL LABORERS

By Robert Burton, Reporter

Our club met Friday evening. We learned some new songs, planned gardens, and planned an achievement evening to be given sometime in February. We are watching to see when the Continental Conquerors plant their gardens. We will plant at that time too, so the birds won't get our gardens either.

We are proud that one of our members, Bud Shumaker won first prize in the Essay Contest sponsored by the Valley National Bank. We are proud too, that the three next prizes were won by boys in our county. It makes us want to try harder to make our club a good one.

### 4-H CLUB OBJECTIVES

(The H's stand for the training of the head, heart, hand, and health. The club emblem is the four leaf clover which signifies better living, better homes, better morals and a better nation.)

### SOPORI WILLING WORKERS

Yolanda Amado, Reporter

Tuesday we had a 4-H Club meeting. The boys and girls told what each one has done since school started in January.

We studied in the book "The Home Vegetable Garden in Arizona." Some of the vegetables we studied about were peas, radishes, cets, and carrots.

Peas are best grown during the fall, winter, or early spring months. The vines will stand considerable frost, but the blossoms and young pods are very tender. Peas may be planted in moist soil with no irrigation until the plants come up.

Radishes are one of the easiest crops to grow and one of the quickest to mature. Since they grow so rapidly, it is best to harvest them while small.

Beet seed should be soaked for several hours before planting. It is best they mature during the cold weather, otherwise they are likely to be coarse and woody.

Carrots are an extremely hardy cold-weather crop. Germination is slow, especially during warm, dry weather. Because of the slowness of germination, radishes are sometimes planted in the same drill as carrots for an early crop, and they serve as an indicator crop to mark the rows for early cultivation.

Mrs. Leo Black came home Monday from Tucson, and also brought her a baby boy. His name is baby Rex Black.

### FLOWING WELLS

By Louise Sims, Reporter

We have been making quite a few changes at school lately as so many of our children's parents are going to work in various defense plants.

Jack Emery is new in the Eighth grade and Boots Allen in the second. They came from Amphitheatre. Dorothy and Marie Willis are from California. Dorothy is

## All-Day Meeting Is Held by Homemakers

Amphitheatre Homemakers at the home of Mrs. Ray Garrett Thursday heard Miss Evalyn Bentley speak on the Share-the-Meat plan and on preventing accidents in the home. The all-day meeting was held for election of officers who are Mrs. W. H. Wick, president; Mrs. W. A. Birdsall, vice-president and Mrs. A. V. Sinclair, secretary-treasurer.

Attending were Mesdames Tex Taylor, W. A. Wick, V. N. Chandler, W. A. Birdsall, Ralph Wetmore, H. W. Vermillion, B. G. Drummond, R. R. Winstead, J. A. Shummaker, A. V. Sinclair, Peter Bouchette, Thomas Adams, Dale Mossi, A. Garrett and Miss Bentley.



Jan. 27, 1943  
**Nutrition Meet  
 Will Be Held by  
 County Leaders**

Nutrition leaders from the Homemakers groups in Pima County will meet with the home demonstration agent, Evalyn Bentley in the court house Thursday at 10:30 o'clock.

Workers will consider the changes which must be made in the home diet because of shortages of food on our shelves at present. Since Uncle Sam wants all to be strong, the business of the housewife is to know food values so she can make a change in her meal planning and yet keep her family well fed. She must know something about the composition of vegetables, fruits, milk, eggs, and cheese as well as meat, so she can make intelligent changes when necessary.

Leaders attending the Thursday meeting will take the work back to their own local groups. There the work will be done by means of talks, printed matter, which contains tables and other helps on food composition, and by actual trying out of recipes using meat for flavor with bland foods. The wider use of cheese, eggs and milk will be demonstrated in the local groups by the homemakers and they will also extend the use of beans and nuts. Some specially prepared recipes will be distributed to the local leaders along with other subject matter.

Feb. 7, 1943  
**4-H Broadcasts Will Be  
 Presented During Week**

Evalyn Bentley, home demonstration agent, announces that 4-H Clubs of Pima County will have charge of the broadcast Saturday, February 13, at 11 a. m. over KTUC. Celia Shumaker, will tell some of the ways in which a trip to the 4-H Club Congress at Chicago can be of benefit to members. Virginia and Gloria Moreno and Pauline Bonnelly, of Government Heights, will give some vocal selections.

A transcription from Yuma and Western Agriculture which deals with 4-H Club work will be given over station KVOA, Monday, February 8, from 5 to 5:15 p.m.

**SOPORI WILLING WORKERS**

Yolanda Amado, Reporter

We had our 4-H Club meeting Tuesday. All the girls and boys told about what project they were working on besides a garden.

Some of the boys are planning on making a rope halter.

A friend of the 4-H Club girls gave us some remnants to start on a patch work quilt. It is called the Sunflower quilt. The girls work on it on cold rainy days. Most of the girls already have three Sunflowers.

We have all planted our gardens now and they are coming up nicely.

We are very glad to have two new boys come to our school. Their names are James Schnell and Donald Schnell. We also have James Hackett back, who left us earlier in the year.

**CONTINENTAL CONQUERORS**

Joy Ann Gann, Reporter

The 4-H girls planned to have a party when the project they were working on was completed. So the 4-H boys and their leader, Mr. Hand, were asked to be their guests on Thursday, the regular meeting day. After games had been played, the girls served candy and lemonade which they made. Mrs. Mabel Russell, the girls leader, surprised them with cookies. Many of the children brought dimes to school to donate to the Infantile Paralysis drive.

Jack and Leon Carpenter have moved to Amado. We are sorry to lose two good 4-H'ers.

Pearl and Ernest Collins have come to our schools from Menlo Park.

**FLOWING WELLS**

Louise Sims, Reporter

Since our school and community is so near the Gilpin Airport, and since war time conditions make it possible that we may be exposed to greater dangers, we feel there is a need for a first aid course to be taught in the community.

Mr. Johnson, our air raid warden, has offered to organize such a class, getting us the best instructor the Red Cross has to offer.

The first meeting was Wednesday evening, February 3, at the Flowing Wells School. There is also a necessity of more knowledge

among our people concerning the next "alert" which is to be held February 22. Let's be prepared for it in the proper way.

Every month some school is asked to make some birthday cards for the men in service. We were asked to make them this month and were very happy to do so. We hope the "Boys" enjoy receiving them as much as we enjoyed making them. Mrs. Ross, of the county superintendent's office, was very pleased with them. The 26 best cards were chosen.

We have purchased \$29.25 worth of defense stamps during the month. Let's not let our boys down.

The second and third grades have finished the Eskimo books they have been making.

Loretta Grey, Rosana Vidal and Marie Genzes have finished their watch caps and Mrs. Tompkins finished the turtle neck sweater for Bundles for America.

Mary Kate Zinn took part in the play "Red Riding Hood" for the Tucson Children's Theater over KVOA at 6 p.m. last Tuesday.

The first grade participated in the Monday morning assembly program. The following songs were sung: "This Little Pig Went to Market" and "I Love My Mama Best of All" by Evelyn Harririff, Kathryn Wentz, Mildred Linely, Sammy Smith, Iva Miller, Minnie Bee Noel and Kathryn Grey. "Jack and Jill" and the "Tick Tock Song" were sung by Frank Westmoreland, Ruthard Vidal, Walter Staples, Paul Genzer, Elmer Ford, and David Dobias.

**4-H CLUB OBJECTIVES**

(The H's stand for the training of the head, heart, hand and health. The club emblem is the four-leaf clover which signifies better living, better homes, better morals and a better nation.)

# Annual Events Will Be Localized By 4-H Clubs

Local 4-H Club exhibits and Achievement Days, instead of a County wide 4-H Fair, will be held this year due to present conditions, according to Evalyn Bentley, home demonstration agent, and Robert J. Moody, assistant county agriculture agent. Boys and girls will plan for an all day or afternoon 4-H fair and Achievement Day. At this time pins will be presented if all work has been satisfactorily completed. Continental has chosen as a tentative date, Tuesday, April 6. Dates will be chosen later by other clubs.

## LAGUNA LOYAL LABORERS

By Robert Burton, Reporter

We have three new members in our club. They and their projects are: Gilbert Pineda, goats and woodwork; Tony Pineda, flowers, and Marion Carter, chickens.

Wanda Gean and Charlotte Ray, of Flagstaff, visited our school last Monday. They are Henry Gizzles cousins, and they and their parents are visiting here.

The primary grades are making valentines.

## FLOWING WELLS 4-H

By Louise Sims, Reporter

We have a new student in the seventh grade whose name is Robert Van Dyke and also one from Amphitheatre who is in the fifth grade. His name is Jerry Jones.

June Hooker and Joyce Harrison left last week.

Mildred Deitering and Louise Sims finished their watch caps and Claudine Skinner finished making her dresser scarf this week. Some of the boys have nearly finished the chairs they are making.

At our regular Monday morning assembly program, Joan Woods and Ruth Bradford played a piano duet entitled "The Dance of the Dutch Dolls." Mary Kate Zinn gave a recitation called "Moo, Cow, Moo."

Mrs. Tompkins received word that her nephew, Cpl. Robert H. Tanzin, 20, who was in New Guinea and whose company was one of the units which led the attack against the Japs at Buna, was killed in action December 27.

## SAHUARITA COTTON BLOSSOMS

By Lillian Rupp, Reporter

The dust storm made lots of work for the housewives this week.

Three new families moved to Sahuarita this week, Mr. and Mrs. Ralph Dugan and family, Mr. and Mrs. Pete Ballerteras. Fermin and Frances Ballerteras entered the primary grade.

The cotton pickers finished the cotton in Sahuarita and will finish it in Casa Grande.

Mr. Dishaw's sow killed one of his pigs.

Mrs. Frank Gander is home after a pleasant visit to Phoenix.

Mr. Murry is back after a visit to Tucson and Trice is back in school.

They are putting a large septic tank in the teachers back yard, and the boys are helping with it.

Jackie Sanchez was very ill, and they took him to the hospital in Tucson.

Arline Luker and Lloyd Cloud married last week. Arlino was one of our pupils, and we wish Mr. and Mrs. Cloud much happiness.

Our candy sale was a great success and netted us a nice sum for our 4-H Club.

## 4-H Club Objectives

(The H's stand for the training of the head, heart, hand and health. The club emblem is the four leaf clover which signifies better living, better homes, better morals and a better nation.)

# Nutrition Leaders Study Elements Of Wartime Diet

Fifteen nutrition leaders from Pima County Homemakers groups met with the Home Demonstration Agent Evalyn Bentley Thursday in the jury room of the county court house. Leaders will return to their own groups with information received at the training meeting. One member from the County Nutrition Committee will help each group of workers.

Leaders studied, by means of charts, the elements in food so as to be able to make adjustments in the home diet when familiar foods are not found. All believe that the American housewife has a job ahead to keep the family well fed, however all think that they can do it. England's problem was discussed and it was agreed that our problem is not as great. Miss Bentley reported that letters from England tell of many ways they have found to grow more leafy vegetables and they maintain that national health was never quite so high as at present.

Thursday's leaders will turn their own kitchens into testing laboratories for the recipes given by Miss Bentley. All recipes will form alternates for meat. In these dishes, milk, eggs, cheese and beans of all kinds, including soybeans, will be used. In order to add to the vitamin and mineral content of the dishes, entire grain cereals will be used along with the protein foods when carbohydrate is needed. A check sheet was given to those present so they could check the recipes they use for some of the essentials such as protein, thiamine, or B1, riboflavin, or B2, niacin and iron.

Those present included: Mrs. W. H. Wick, Mrs. Ray Clyde, Miss Ed-

na Barnes, Mrs. Warner Taylor, Mrs. Fred Bounds, Mrs. Alfred E. Aaby, Mrs. Vada C. Smith, Mrs. Hattie Martineau, Mrs. William White, Mrs. T. Herbert Soo, Mrs. K. M. Maxwell, Mrs. Ray Garrett, Mrs. M. M. Hale, Mrs. Katherine Hooper, and Mrs. Jessie Gonder.



## Pima County 4-H Leaders

February 7, 1943



Kenneth McKee, Ajo school teacher, and Mrs. Lutie Wilson, of Continental, have been awarded jewelled 4-H leadership pins by the Arizona Bankers' Association in recognition of their work during 1942 with 4-H clubs. Two of the five awards given annually by the bankers for outstanding leadership in the state thus go to Pima county workers.

## BANKERS HONOR 41 CLUB HEADS

### Teachers In Continental And Ajo Praised For Work

This year the Arizona Bankers' Association has honored two Pima county residents by ranking them among the states's five most outstanding 4-H Club leaders and giving them this year's annual award of jewelled pins in recognition of their work. Robert J. Moody, assistant county agricultural agent announced yesterday that the two are Kenneth McKee, Ajo school teacher, and Mrs. Lutie Wilson of Continental.

#### Club at Ajo

McKee, according to Moody, organized the first successful 4-H club in the Ajo community against almost impossible odds. Ajo is not an agricultural area, has rocky soil and parental support was hard to gain for unfamiliar projects. He persevered, however, giving a great deal of his time to instruction and encouragement, and at present has about 25 boys actively engaged in agricultural projects.

The Ajo boys worked throughout last summer, Moody said, and kept at their projects before and after school during the term. They cultivate back yard gardens, raise chickens and pigs and during the spring of 1942 collected many tons of scrap metal and rubber which they sold for over \$100. The check was donated to the Ajo School Milk Fund.

#### Girls Helped

Mrs. Wilson, according to Moody, has worked with the Continental girls' 4-H club untiringly for the past three years, continuing to en-

after they left the community for other states. The girls, who call their club the Continental Conquerors, do gardening as well as baking and sewing.

The girls have been urged by Mrs. Wilson to be exact, efficient and regular in each phase of their work, and Moody said he believed this accounted for their placing first in the county for all around 4-H Club work during this year.

## Nutrition Leaders Study Elements Of Wartime Diet

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Those present included: Mrs. W. H. Wick, Mrs. Ray Clyde, Miss Ed-

na Barnes, Mrs. Warner Taylor, Mrs. Fred Bounds, Mrs. Alfred E. Aaby, Mrs. Vada C. Smith, Mrs. Hattie Martineau, Mrs. William White, Mrs. T. Herbert Soo, Mrs. K. M. Maxwell, Mrs. Ray Garrett, Mrs. M. M. Hale, Mrs. Katherine Hooper, and Mrs. Jessie Gonder.



**Svalyn A. Bentley**  
Pima County - 1943

## Variety Of Activities Is Included In 4-H Program

Star-2-18-43

Observation for Arbor Day, preparations for Valentine's Day, Red Cross training, preparation for spring gardens, and many other activities were included in the week's programs of Pima County's 4-H Clubs. Several of them were visited by Miss Bentley and other representatives of the county agent's office, and in one school there was a play for the Monday morning assembly.

### AHUARITA COTTON BLOSSOMS

**Lillian Rupp, Reporter**

Mrs. R. A. Davis has been sick, but is better now.

The 4-H boys have a new member. His name is Archie Wilson.

Jackie Rowland and Pvt. Bud Dahun were married Monday in Tucson. Pvt. Dahun is stationed at the Air Field at Sahuarita. We all wish them much happiness.

We are glad that Jackie Sanchez is back from the hospital and well again.

Mr. and Mrs. Phillips of Phoenix have moved to Sahuarita. Mr. Phillips is working at the Air Field.

Mr. and Mrs. Claud Palmer and son have left Sahuarita and gone to Casa Grande.

Workers are coming back from Phoenix to work here.

Workers are also coming from California to work in the carrot fields.

Archie Wilson entered the sixth grade last Wednesday.

Mr. and Mrs. Sutton have taken over the Green Gold Ranchos here. We wish them much luck.

Pleasant Dale entered the second grade last Wednesday.

Many dogs in town are sick with temper.

Mr. and Mrs. Helm have moved to Phoenix. Before they moved, they gave a lot of books to the school for the library. We hope they will like their new home.

The 4-H boys have nine more boys.

Barney Rowland was burned Monday while starting a tractor, and will be in the hospital several days.

Miss Jean Stewart visited us last week.

This week the 4-H girls bought 70 worth of defense stamps. They now have \$89.80.

Pearl Beam and Radford Wilson were married last week. We wish them much happiness.

Forrest A. Rupp and Radford Wilson have been called to Tucson to take their examination for army Wednesday.

Walter Brown will leave for the army Monday.

It has been dusty and windy in Sahuarita this week, and cold, too! Svalyn Bentley, home demonstration agent, Robert J. Moody, assistant county agent, and Emil Rovey, club specialist, visited us Tuesday and gave suggestions about our projects and plans for our work.

### SOPORI WILLING WORKERS

**Yolanda Amado, Reporter**

Miss Bentley, Mr. Moody and Mr. Rovey came to see us Tuesday.

Miss Bentley left us some books and posters. She also showed us an easier way to make our Sunflowers for the Sunflower quilt.

They went out to see our gardens and Mr. Moody said that since we started with our gardens, we had learned how to make the rows better, and we planted the seeds near the edge of the row like he told us last time he came.

Mr. Moody said he was going to mail us a pamphlet that the university is printing. It tells you what to plant and when to plant it. Some of the things Mr. Moody told us to plant now in boxes or cans, and transplant them later when it is warmer, were: tomatoes, egg plants, chili, and cabbage.

Mr. Rovey talked to us about what we should do at our 4-H club meetings. He also told us that food is just as important as ammunition. For our soldiers have to eat to fight. That's why it is important to have a garden.

We set the date for our Achievement Day. It will be around the second Tuesday in April.

These are the names of the 4-H club members and what year they are in: Edward Hackett, second year; James Schinell, first year; Armando Moyza, second year; Arsenio Pina, third year; Lupe Baddilla, third year; Ofelia Garcia, first year; Yolanda Amado, fourth year; Donald Schinell, first year; Tommy Black, second year; James Hackett, third year; Inez Garcia, first year; Matalia Amado, second year.

### FLOWING WELLS

**Louise Sims, Reporter**

Our first Red Cross class meeting was held Wednesday in the Flowing Wells school building at 7:30 p.m. Seventeen members have enrolled so far. It is still not too late to enroll, and we are extending invitations to any member of the community to join the class. There is no charge for the class, and we feel it is very worthwhile, especially at this time.

We have four new pupils, Lois Mercer, 8th grade, Lloyd Mercer, 6th grade, Edgar Mercer, 3rd grade, and Joann Phelps, 2nd grade.

All of our classes have been busy making valentines in preparation for our valentine parties to be held February 12th.

The girls 4-H club held a regular business meeting Friday, when we made plans for our valentine party. Esther Emory presided at the meeting, which was adjourned by going into the assembly to sing patriotic songs.

The second and third grades under the direction of Mrs. Frans presented the special numbers for

the Monday morning assembly program. The story "Country Mouse and the City Mouse" was dramatized by members of the second grade. Characters were:

Country Mouse ..... Joe Dobias  
City Mouse ..... Bobby Woods  
Dog ..... Jimmy Westmoreland  
Pantry Door ..... Billy Donaldson  
Story Teller ..... Nancy Bradford  
Trees .....  
Jesus Allen, Wendell Smith, Robert Dietring, Delmar Ray, Alice Jean Ganz, and Loretta Davis.

The "Nonsense Song" was sung by—Mary Gray, Loretta Davis, and Patsy Wentz.

"Caissons Go Rolling Along" was sung by—Edward Woods, Richard Pittman, Perry Clark, Kenneth Helms, Edgar Mercer, Bud Genzer and Boots Allen.

The rest of the assembly joined in and sang with them at the end.

### LAGUNA LOYAL LABORERS

**Robert Burton, Reporter**

The club met and sang Friday night. Nine members were present. Gilbert Pinedo turned in a finished piece of woodwork which inspired the others to make something. Mr. Moody and Mr. Rovey both will be with us when we meet Friday night, and we hope to have something to show them.

Our grocery store at Parsons Grove has changed hands. Mr. and Mrs. Herring are the new proprietors.

Sandra Cady is sick and has been out of school for a week.

We had a nice valentine party at the school Friday afternoon.

### CONTINENTAL CONQUERORS

**Joy Ann Gann, Reporter**

On Arbor Day we had a program and planted trees and flower seeds. Mrs. F. E. Jones let us use her truck to haul fertilizer. The boys and girls prepared the ground. Arizona cypress trees were planted near the front fence and each was named for a poet: Henry Wadsworth Longfellow, Joyce Kilmer, Badger Clark, and Robert Louis Stevenson. Near the building we planted two dark red rose bushes and a rambler rose. We planted many flower seeds,

After the planting, was done, we went inside the building and had a short program.

Tuesday we were very happily surprised to have Miss Bentley, Mr. Moody and Mr. Rovey, our 4-H leaders come and talk to us.

Miss Bentley brought some towels made by other 4-H Clubs. The girls were asked to judge them and given suggestions on grading. She gave Mrs. Russell, our sewing leader, some pamphlets on health and attractiveness.

Mr. Moody and Mr. Rovey told us about the garden contest that is open to both boys and girls. We hope to have some keen competition.

Mary Meza, Angelita Teso, Ramona Acuna, Lois Cook, Marion Teso, Benita Minez, and Alicea Acuna were very happy for Mrs. Wilson when they saw the article from "The Star" on the bulletin board in Mrs. Ramsey's room. Mrs. Lutie Wilson, who was their former 4-H leader, has been chosen as one of the five outstanding 4-H leaders in Arizona for the school year ending in June 1942.

### 4-H CLUB ACTIVITIES

(The H's stand for the training of the head, heart, hand and health. The club emblem is the four leaf clover which signifies better living, better homes, better morals and a better nation.)

# Achievement Days Will Be Staged By 4-H Clubs

Star-2-21-43

Members of Pima County's 4-H Clubs were reminded this week by Evalyn Bentley, home demonstration agent, that the annual 4-H Mobilization days are over and preparations must now be completed for local achievement days early in April.

The members are saving rubber and gas by giving up the annual county-wide fair and achievement day, which has been held for the past 17 years.

In the local achievement days, the members will exhibit their work at their own school houses.

## SOPORI WILLING WORKERS

Yolanda Amado, Reporter

Some of the boys and girls are going to enter the 4-H Victory Garden Planning Contest.

The girls and boys have been preparing some cans and boxes in which to plant chili, tomatoes, cabbage, and egg plant. When the plants are big enough, the children will take them home to plant in their own gardens.

Friday we celebrated Lincoln's birthday, Valentine's Day, and Arizona day. First we had a short program as follows: Star Spangled Banner; Red, White, and Blue, a poem by Gus Amado; Battle Hymn of the Republic; Visions of Lincoln, a poem, by Natalia Amado; Lincoln's Gettysburg Address, by Lupe Badilla; Arizona, a theme by Yolanda Amado; Valentine Box.

Two of the mothers made cakes, and Mrs. Christian made lemonade for the refreshments for the party after our program.

## SAHUARITA COTTON BLOSSOMS

Rosa Tona, Reporter

Last Wednesday the 4-H girls gave a "Birthday party," for Bulah Shelton, one of our club members. The 4-H boys were also invited.

We danced the Virginia Reel and played games.

The 4-H girls served cookies and lemonade. We all had a grand time.

Mr. and Mrs. R. A. Davis had a Valentine party. Guests were Mr. and Mrs. Fred Jones, Mr. and Mrs. Joe Martin, Mr. and Mrs. R. Evans, Mr. and Mrs. W. Dishaw, Mr. and Mrs. J. T. Davis, Mr. and Mrs. George Butts, Mr. and Mrs. Tom Ramsey, and Mr. William Butts.

James Davis and R. A. Davis are going to get pigs.

Frank Rupp has been sick. We hope he will be well soon.

Mr. Hal Nelson of Peterson, Brook, steiner, and Wist, stopped at Sahuarita, Tuesday.

Barney Rowland is better now from a bad accident.

Mr. and Mrs. Evans moved to the White House Canyon.

Ervin Brown has joined the army and has gone to California.

## FLOWING WELLS

Louese Sims, Reporter

Mr. Rovey and Mr. Moody visited our school last Friday and presented some moving pictures and colored slides showing prize winning cattle and vegetables, and dresses etc. won at the State Fair last year. They also brought some blanks along for us to fill out for our plans for our vegetable gardens. There are to be prizes awarded for the best plans and the best gardens and later on for the best canned food. We hope everyone who possibly can will have a garden, for there will be a shortage of food later on.

Mrs. Zinns' room had charge of the assembly program, and Marian Brown played the "Black Hawk Waltz" on the piano.

Last Thursday the refreshment committee for our valentine party went to Mrs. Tompkins' house, where under her supervision they baked a cake for our Girls' 4-H Club Valentine party. Those on the committee were Louise Sims, Lois Mercer, and Billy Harruff. After they had baked the cake, they went to Louese Sims' house to make some jello. Mrs. Frans, Mrs. Benton and Mrs. Zinn were guests.

The fifth grade made a border of log cabins and pine tree scenes, and Lincoln and George Washington silhouettes for their room.

Several children have moved away, their names are: Thelma Stewart, Mildred Lively, Minnie Bee Noel, Kenneth Helms, and Loreen Helms.

## LAGUNA LOYAL LABORERS

Robert Burton, Reporter

Our club met Friday night, February 12, with all members present but one. Mr. R. J. Moody and Mr. Emil Rovey were present and showed some interesting slides. We talked about victory gardens and most of the members can have one.

Gilbert Pinada is thrilled with the idea that he is going to get to help Mr. Rovey with his art work next Saturday. We are happy, too, that one of our club members can help.

Mrs. A. P. Harkey, our grade teacher, spent Saturday night and Sunday visiting friends at Sells.



# Planting, Quilting, And Other Work Done by 4-H

Star-2-28-43

Such activities as planting, piecing quilts, sewing, preparation of scrap books, wood working projects, and purchasing defense stamps are included in the reports of the 4-H Clubs of Pima County this week. Four of the clubs, Sopori, Sahuarita, Flowing Wells, and Continental, are included in the reports for the week.

Their reports follow:

## SOPORI WILLING WORKERS

Yolanda Amador, Reporter

All the boys and girls have planted vegetables in the boxes and cans.

The 4-H Club girls are starting to piece the quilt, and will have it finished in no time at all.

The boys planted some Arizona cypress trees on each side of the school house. Mrs. Christian brought them out a few weeks ago.

We have some new pupils in school. Their names are Concepcion Rivera, Carmén Contreras, Lily Contreras, Arnulfo Contreras and Yolanda Contreras.

Some of the ladies have come to help with the ration cards. Mrs. Gustavo Amado and Mrs. M. Noon are among those helping to explain the work.

## AHUARITA COTTON BLOSSOMS

Rosa Tona, Reporter

We are very sorry to hear our reporter is going to Tucson. Our new reporter is Lily Valles of Lee Moore ranch.

We are sorry, too, that Elroy had bad fire. We hope no vegetables or cotton were destroyed.

Paul Adams and Frank Rupp of the 4-H club have been out of school, both sick.

The Farm Bureau met at the school house Saturday night, with a large crowd attending. Sandwiches and coffee were served, and a pleasant evening was enjoyed by all. George Butts was elected president.

A little wild fox terrier has come here. We wonder who its owner is.

Lettuce is now being shipped from Sahuarita.

The boys in Mr. Dishaw's room have bought \$187.20 worth of defense stamps.

David Gonzales was married last Saturday. He married Miss Concha Ramirez of Tucson. We wish them much happiness.

We are sorry that one of our club members, Evelyn Nunez, has been sick with the mumps. Felipe Gonzales has them also.

## FLOWING WELLS

Dawn VanGorder, Reporter

This week he had two new pupils. They are Dickie Kinsley and Wilson Kinsley, and they are in the second and third grades. Although we received these pupils, I lost three others. They are Audine and Bill Skinner, and Charles Harper.

In sewing, the girls are still making dresses and embroidering. Esther Emery and Dawn VanGorder finished their navy watch caps, thereby completing all of them. We are now ready for Miss Bentley to judge them as soon as she finds me.

Esther Emery is making a scrapbook for all the 4-H clippings, and Dawn VanGorder is making a laque which we are going to ward to the room buying the

greatest number of war stamps during the week.

In shop, Roy Vidal, Charles Harper, Bill Skinner and Alvin Phillips have finished their chairs and have taken them home. The others are still working on theirs.

We are glad to have the Bradfords back. They have been out of school more than a week because of illness in their family. Louise Sims is out, and Lois Ridgeway is very ill. We are wishing her a speedy recovery.

Mrs. Woods and Mrs. Perry are helping the teachers with the rationing here.

Mildred and Clare Deltring, Marion Brown, Marie Genzer, Rosona Vidal and Roy Vidal have submitted plans for 4-H Club garden contest.

## CONTINENTAL CONQUERORS

Joy Ann Gann, Reporter

Leon and Jack Carpenter have re-entered school after several weeks at Amado. Both are 4-H members, and we are very happy to have them back.

Joan Keaton has entered school here. She was formerly at Davidson school, Tucson. She has become a first-year 4-H member.

Some of the children entering the garden contest are Steven Lopez, John Henry Jones, Georgia Keeler, Joan Keaton and Max Klessig.

Friday there was a party held in the school in honor of Coy Ewing, who left for the army February 15. They played cards, Chinese checkers, tag, and many other games. There were four prizes given. Coy Ewing, Imogene Worthy, Mrs. Maybelle Cook, Glenn Staggs, Mrs. Hale, and E. W. Ewing were the winners.

Leon and Jack Carpenter have moved to a farm in Oklahoma. They had returned from Amado and were in school here for only a few days before they left.

The people out here are registering for ration book No. 2. Mr. Hand is in charge.

Juanita and Geneva Laster went to Nogales Saturday with the Pennington family. They bought shoes woven by hand in Mexico.

Everyone is hurrying to get finished what they are making in 4-H before April, when we will have our community gathering.

Mr. and Mrs. F. E. Jones, Thomas Hale, George Butt and D. S. Hand enjoyed the meeting of the Farm Bureau held at Sahuarita last week.

Our flower seeds are beginning to come up, and our garden plans have all been made. As soon as it is warm enough we will plant many things to use next summer.

Evelyn A. Bentley  
Pima County - 1943

# 4-H Members Preparing Victory Gardens, Get Prizes

Star-3-7-43

Four 4-H Club members in Pima county were much concerned about victory gardens this week. A prize contest for garden planters and worries about pests and weather occupied considerable attention.

## SAHUARITA COTTON BLOSSOMS

Reporter—Elidia B. Valles

Alfred Kane and Mary Kane moved to Marana, Arizona. They used to be in the 4-H Club. They are now going to Rillito school.

Margie Collins has been sick. She used to come to school here. We all hope she gets well soon.

Mr. and Mrs. Jimmie Wilson have leased a ranch; it's near Sahuarita. Mr. and Mrs. Jimmie Valles and family live there, too. Mr. Valles works for Mr. Wilson.

Mr. Bill Farmer from St. David came to live in Sahuarita. He lives near the schoolhouse. He, too, has leased some land here.

Mr. and Mrs. Pete Tona and family moved to Tucson. Their other three sons are in the army.

We have had many children absent from school because of scarlet fever and the mumps.

The cotton pickers have finished the cotton at Lee Moor ranch since last Wednesday.

We are sorry to lose Shirley Allen and Rosa Tona, two of our 4-H girls. Shirley has returned to Montana. A new boy, Alfred Samarano, entered the third grade this week, from Tucson.

The ranch is shipping carrots and lettuce from the sheds here.

Rationing kept the teachers very busy last week. Mrs. R. A. Davis assisted. They gave out 489 ration books.

A number of trailer families have moved from the construction camp at the Air Base.

We were sorry to lose Kerner Dishaw's dog this week.

## SOPORI WILLING WORKERS

Reporter—Yolanda Amado

Tuesday we had our regular 4-H Club meeting. Each member answered Roll Call by telling what he was doing.

The boys have started a summer garden, and hope nothing happens to it this time.

Some of the girls have started to sew strips of quilt blocks together. We can hardly wait until we finish. Each one of us hope we win the quilt ourselves, when we raffle it. The tickets will be sold at 25c each. We hope to divide the money and buy defense stamps.

The vegetable garden we have in the boxes and cans is coming along just fine. Some of the plants are from one to two inches high. The tomatoes and cabbage are the only ones coming up. The egg plants have not started to come up yet.

All the school children combined have \$93.10 worth of defense stamps.

List of names of women who helped with ration book two: Mrs. Gustavo Amado, Mrs. Pablo Amado, Mrs. Leo Black, Mrs. Richard Merchant, Mrs. Sol Rhea, and Mrs. Horton Noon.

Visitors of last week were Miss Esther Cummings, Miss Alberta Crombi, Mrs. L. D. Carr, and Miss Evalyn Bentley.

Miss Cummings has a license for packing parachutes in Tucson. There are two parachute packers in Tucson and she is one of them.

Mrs. L. D. Carr is a nurse, formerly, from Detroit, Michigan.

## FLOWING WELLS 4-H CLUB

Reporter—Louise Sims

The 4-H Club garden contest sponsored by Sears & Roebuck company had a luncheon at the Santa Rita Hotel March 6. The boys and girls who won prizes are as follows: Mildred Deitring, Clare Deitring, Rosaura Vidal, Marie Genzer, Roy Vidal, and Marian Brown. The prizes are \$2.00 worth of seeds and \$1.00 worth of plants.

The ladies who sold membership for the Red Cross at the school last week were: Mrs. Montgomery, Mrs. Elam, Mrs. Lewis, Mrs. Thompson, Mrs. Lankford and Mrs. Hanson. The school has 100 per cent membership including teachers and children.

We are very proud of our flowers and lawn. We received many compliments on our flowers during rationing week for which all credit should go to Mr. Hanson, our custodian. He has taken a lot of pains and care to get it nice and if we all cooperate we can keep it that way.

New pupils for this week are Ethel Mae Scott, Donald Scott, and Roy Childs.

Miss Bentley came out to help us judge and grade our Watch Caps. Mildred Deitring and Loretta Gray won blue ribbons, Louise Sims, Dawn Van Gonder, and Billy Harruff were awarded red ribbons and Rosaura Vidal, and Marie Genzer and Esther Emery were awarded white ribbons. We are having our pictures made modeling them so we will have something to show for all our work and effort on achievement day. Miss Bentley told us that we had completed the first Watch Caps for 4-H work in Pima County. Making them was a hard struggle and it took a lot of time, but we are very happy we stuck to it and finished the project. We hope they will be useful to some navy men in the very near future.

## ARIVACA NEWS

Here in Arivaca, the weather is sometimes cool and sometimes it's very hot; it seems we are already in summer. All the cottonwood trees are very green, and a stream of water is always running between them. Lots of grass and water-cress is growing in the water. Here, too, are lots of beautiful places for picnics, or for taking pictures. Some flowers also grow here.

We are all very grateful to Mr. Brown and Mr. Moody for the information sent out on summer gardens. Some of us are planning a garden, and many more would plant gardens if water was available.

We issued one hundred thirty-one ration books last week. Mrs. Futrell and Mrs. Johnston were assisted by Miss Mary Louise Romero, who acted as interpreter.

We are glad to be remembered by the Gipe girls who completed the eighth grade here last year and are now in Amphitheatre High School. They keep us supplied with such reading material as is not available here. We were also pleased to learn that Mary Ann Gipe had made the honor roll in Amphitheatre High School.

Last week, on Thursday, Miss Bentley, and three other ladies, Misses Cummings and Cromby and Mrs. Carr, came to visit us. Misses Cummings and Cromby showed us how the blind people write. They told us that they read by writing in braille, they also wrote all of our names in braille, and left us the alphabet. Most of us can write our name already, except the younger children. We all think it will be very interesting to learn how to write in braille; we are glad to be remembered by Miss Bentley, and we hope they come and visit us again soon.

We all are very sorry not to have Lupe Canez here this week. He went to Tucson to be treated by a doctor; we hope he will be here next week. We have had many absences here in our school, for most of the pupils have been sick.

Wednesday, Mrs. P. H. Ross came to visit us and Mrs. Dunlap came with her. We all were very glad to see them and we hope they come and visit us again.

Last week we only had a recess in the morning, but not in the afternoon because we went home at 4:00 because the rationing started at 4:00 o'clock. We are glad we are having our two recesses now.

## CONTINENTAL CONQUERORS

Reporter—Joy Ann Gann

We were very happy to hear that the Continental boys and girls had won seeds in the county-wide garden plan contest. John Henry Jones, Steven Lopez, Georgia Keeler, and Max Klessig were the winners. We were all very proud of them.

Ernest and Pearl Collins have moved to Phoenix. We were very sorry to lose them.

Many of the pupils were absent Monday. We thought it must have been payday. Only two children came from Canoa Ranch. Billy Jo Keaton was absent from the B Ranch.

The children of Contin played baseball all day Sunday.

We have recently received dollars from scrap metal that we gathered last term. We thought the amount had been misstated and we would get no benefit. Now we are trying to select good records for our school.

On Tuesday, Miss Horkavil, school nurse, brought two friends Mr. and Mrs. Allen from Indio out with her. They arrived just time to join us at lunch. We were surprised at both the quantity and quality of the food served. We all enjoy having Mrs. Hale's work much. We all enjoy having



## 4-H Clubs Make Quilts, Costumes During Week

*Star-3-14-43*

Quilting, by the girls; construction of quilting frames, by the boys; costume making, receiving visitors from the county agent's office and the school superintendent's office; attending the victory garden contest luncheon; carrying on school programs, doing shop work, and wiring a garage were numbered among the activities of the Pima County 4-H Club units during the past week.

Following are reports from some of the units:

### **SOPORI WILLING WORKERS**

**Reporter, Yolanda Amado**

The 4-H Club girls have all finished their quilt piecing project. It is all ready to be quilted.

Tuesday at our 4-H Club meeting, the boys started to make some quilting frames for our quilt. We are going to ask our mothers to come and join us in quilting it.

All the vegetables we planted in cans and boxes are coming up. Some of the cabbage plants are three inches tall.

We are learning songs for achievement day in April.

Some of the girls sent away for patterns and material to make the official 4-H Club costumes for 1943.

### **CONTINENTAL CONQUERORS**

**Reporter, Joy Ann Gann**

Steven Lopez, John Henry Jones, Max Klessig, and Georgis Keeler were winners of seeds. They went to the banquet in Tucson Saturday. They had a lovely luncheon and the seeds were awarded.

Mrs. Ross visited school, and everyone was glad to see her. She was here for lunch and enjoyed it very much. She helped us sort apples.

Miss Bentley visited us Tuesday and we graded our sewing.

The afternoon of April 6 has been decided on for 4-H Club and general school exhibits.

### **FLOWING WELLS**

**Reporter, Louese Sims**

The high spot of the week for the 4-H Club was the luncheon at the Santa Rita Hotel for the contest winners of the Victory Garden Contest sponsored by Sears, Roebuck and Company. Those from our school attending were: Mildred Deitring, Clare Deitring, Rosaura Vidal, Marie Genzer, Roy Vidal, and Marian Brown, and our 4-H sponsors, Mrs. Tompkins and Mrs. Zinn.

We were met at the door by Mr. Moody, Miss Bentley, and Mr. Rovey and each of us was given a tag to write our names on for identification purposes. After the luncheon the "Star Spangled Banner" was sung and several 4-H songs were also sung. Mr. Carmack of Sears, Roebuck and Company, gave us a talk on the purpose of these victory gardens and told us of the necessity for them. Mr. Rovey gave a talk and took a great many pictures of us individually and collectively. Mr. Moody gave a speech and so did Miss Bentley.

Then the various sponsors were introduced at each table and they in turn introduced the contest winners of their groups. Then while Mr. Rovey showed us two moving pictures of gardening, Mr. Robertson of Sears went to get the

seeds. The final event was the awarding of the seeds, which we were very happy to receive. We hope to produce gardens worthy of our benefactors' efforts.

Mr. Van Doren sent doughnuts to the First Aid meeting last Wednesday night. They were enjoyed by all present.

Mrs. Frans second and third grades won the defense award for this week, they bought \$20.45 worth of defense stamps, while the whole school bought \$32.30 worth.

The girls of the fourth and fifth grades presented the Monday morning assembly program. Marjorie Clark recited "Two Little Kittens," Mary Kate Zinn recited "The Saga of Johnny the One." The group sang "A Queer Business."

Eleanor Dobias brought a bird's nest to school for Nature Study Class.

The boys in shop have started making little stands, and one boy is making a bicycle stand for the school.

### **SAHUARITA COTTON BLOSSOMS**

**Reporter—Elida Valles**

We have lost several of the 4-H girls lately. Our members now are:

Girls: Mary Gonzales, Alice Augayo, Elida Valles, Carmen Gallego, Lillian Rupp, Audra Rowland, Roy Loy Rowland, Helen Meason, Buelah Shelton, Lucile Blackwill, Victoria Gonzales, Adelina Pesquiera, Louise Hooper, Carmen Gonzales, Belen Munez.

Boys: Frank Rupp, James Davis, Lloyd Shelton, Althus Ballard, Archie Wilson, Jackie Collons, Paul Adams, Ramon Delgado, Frank Gastelo.

The members of the pig club are: Frank Rupp, Frank Gonzales, Jackie Collons, W. H. Brown, Wilus Brown, James Davis, Paul Adams.

The Sahuarita-Continental Homemakers Club has furnished a recreation room at Marana Base. These ladies do many other helpful things in their club, that we 4-H girls are also interested in. They held a meeting last Thursday at the home of Mrs. George Butt. The discussion of the meeting was the new rationing program and buying staple food supplies.

Edward Beam and Kerner Dishaw have been sick this week.

The 4-H boys wired the garage this week, and made a good job of it.

Every one is busy making out income tax reports.

### **4-H CLUB OBJECTIVES**

(The H's stand for the training of the head, heart, hand and health. The club emblem is the four leaf clover which signifies better living, better homes, better morals and a better nation.)



# 4-H Clubs Tell of Gardening Projects, Honor Roll Pupils

Star-3-21-43

Victory gardening, construction of an air raid shelter, honor roll achievement were among the varied activities engaging Pima County 4-H Club members during the week.

The following are reports from the various units:

## CONTINENTAL CONQUERORS

Joy Ann Gann, Reporter

Lois Cook has moved to Sahuarita. She was a second year 4-H'er and we were all very sorry to lose her.

There was a dance here Saturday night, March 13 and everyone enjoyed it. Musicians from Twin Buttes furnished the music.

Mrs. Russel, the girls' 4-H leader, spent last week-end at her home in Gilbert, Arizona.

Juanita Loster is absent due to the serious illness of her grandfather.

We have a new 4-H Club member, Ethelene Barbour, who has just reached the age to be admitted into the 4-H Club.

We have planted peppers and tomatoes in boxes in Mr. Hand's room. Later we will transplant them to our gardens.

## SOPORI WILLING WORKERS

Yolanda Amado, Reporter

We are making an air raid shelter. It is about three feet deep. We have learned a lot of games. We have played Flying Dutchman, backmen, and relay races. Other boys have played baseball.

But we have worked hard like men. We are making gardens. We are making a quilt frame. We are using a pencil, ruler, brace, and bit. In the morning we do arithmetic.

When I get home I have to feed the cows and calves and do other chores and feed my horse. Then I can go and play. But my sisters have to clear the tables when we finish eating. Then they read or do homework.

Today we went to the hill to eat our lunch. Then we went up another hill. Then we went farther and farther. We went where the water used to come out of the rock. We went farther. We saw the girls on other hills. We saw a little animal where the water used to come out of the hole. Then we saw Mrs. Christian. We thought that she was calling, and she was. Then we went back to the school.

## FLOWING WELLS

Louese Sims, Reporter

At the close of the past six weeks we began to keep an honor roll. Any one whose grades fell below a "2" was not eligible. Those who made the honor roll for the first semester are: first grade, Sammie Smith and Paul Genzer; third grade, Edward Woods and Richard Pittman; fifth grade, Mary Davis. Those on the honor roll for the last six weeks are: first grade, Sammie Smith and Paul Genzer; second grade, Charles Woods, Robert Deitring, Nancy Bradford, Bobby Brown, and Loretta Davis; fourth grade, Darlene Wentz; fifth grade, Joan Woods; sixth grade, Roy

Vidol; and eighth grade, Jack Emery and Bradford Freeman.

Mrs. Benton's room won the plaque this week for buying the most defense stamps. They bought \$7.50 while the rest of the school bought \$14.75.

Billie Harruff has finished the silk blouse she was making in 4-H Club work.

The second grade sang and gave recitations for the Assembly Program Monday morning.

School started at 9 o'clock Monday this week and will continue to do so for the remainder of the semester.

## 4-H Club Objectives

(The H's stand for the club objectives, training of the head, heart, hand and health. The club emblem is the four-leaf clover which signifies better living, better homes, better morals and a better nation.)

Since the material for the 4-H Club costumes came, Inez Garcia and Ofelia Garcia have been cutting out their patterns. They are both first year club members. Concepcion Rivera, who is also a first year club member, has started to make a sunsuit for Mrs. Christian's baby, Andy.

This week Jimmy Schinell was ill and missed a day of school. Armando Moyza has been ill for a

few days, and we hope he will be back soon.

This week's visitors were Laura Celaya, who went to spend the night with Rosy Black; and Tommy Black who went to spend the night with Antonio Celaya.

Sunday afternoon there was a horse race at Kinsley's. The owners of the horses were Rudy Corllo and Antonio Amado. Antonio Amado's horse won. Some of the school children went to see the horse races. Some of the people bet up to \$100 that Antonio Amado's horse would win.

#### CONTINENTAL CONQUERORS

Miss Bentley reports that the Nichols girls, Roberta and Ruth, have information about their new home in California as follows: "We do not like California but we do like our new home. We are repairing and repainting it, and are busy! We sold our 4-H pigs when we left Arizona and bought a nice bedroom suite with the money. Our home here has living room, kitchen, two bed rooms, sleeping porch, front and back porches, and a bathroom. We are planting a garden, getting ready for an orchard, caring for a flock of chickens, milking cows, and we are raising pigs again!"

Roberta and Ruth Nichols will be remembered as 4-H Club girls with the Continental Conquerors. They were winners of medals in home beautification, canning and highest points in third year club work. Continental misses the club, but we are glad to hear about their home and projects in Rifley, California.

#### 4-H CLUB OBJECTIVES

(The H's stand for the training of the head, heart, hand, and health. The club emblem is the four leaf clover which signifies better living, better homes, better morals and a better nation.)

## 4-H Clubs Giving Support To Second War Loan Drive

The war bond campaign and the recent fair and auction sale held in Tucson figured largely in activities of 4-H Clubs in this area during the past week, while work in gardens was given an impetus by the warm weather of the past few days. Following are notes of interest from the various clubs:

#### FLOWING WELLS

Reporter, Rosaura Vidal

The war stamp award plaque was awarded to the 4th and 5th grades with a total of \$13.20, while the school as a whole purchased the amount of \$19.65 for this week.

We have set a goal of \$1.00 per pupil for this next week in connection with the second war loan drive. That would total \$85.00 for the whole school.

The boys 4-H Club exhibited at the fair and auction Saturday, April 10. Wesley Dobias won first place on eggs he exhibited. Mrs. Zinn and Mrs. Dobin visited the market that day.

The first grade room entertained the assembly Monday morning with a group of songs. They were as follows: Little Yellow Duck, and The Little Black Boy, by the whole group; My Kitty, by Iva Miller, Sammie Smith, and Kathryn Wentz; Little Ducky Ducky, by Sammie Smith; The Little Rabbit, by the boys.

The girls 4-H posters were judged by Mrs. Frans and Mrs. Benton and the prizes awarded at assembly time. Mildred Deitring and Marian Brown won first place, and Rosaura Vidal and Marie Genger second place. The candy sale is to be held at school on April 21.

The fifth grade is making health books. The 4th grade is making note books for science class.

Our school has been selling Easter seals for the crippled children.

Mrs. Lewis visited our school last week.

#### ARIVACA

Reporter, Carmen Encinas

Miss Cummings wrote part of our last news in braille, and sent it to us. We were very glad to receive it.

Last week we painted some pictures and sent them for exhibit to Tucson. They are going to be sent to the soldiers at the Army Air Base.

Mrs. Davis gave the first grade children some Easter baskets.

Mrs. Boice is back from the hospital.

Mr. and Mrs. Salazar have a new baby boy, whose name is Arnold Patrick.

Mr. and Mrs. Raymond Rivera are now living at Ondulado Ranch. Misses Dolores and Alice Benitez and their father are going to live here at Arivaca.

Manuel Encinas, who came home on a fifteen day furlough, has returned to his camp in California.

Joe Canez, who has been sick since he left, is being discharged from the army. He is in Mississippi.

Domian Encinas came back from Tucson, and is now working at Ondulado Ranch.

Ramon Encinas, who broke his arm while playing at school, is improving rapidly.

The fourth grade has now finished making a health booklet, which is very interesting.

The children in Mrs. Johnson's room are planning a party for Easter.

We bought stamps for the benefit of crippled children.

#### LAGUNA LOYAL LABORERS

Reporter, Robert Burton

Besides increased activity in our gardens, we are working hard getting ready for our Achievement Day which will be the evening of April 23. We are going to have a program which will be open to everyone interested in 4-H Club work.

We are having a picnic Friday evening April 16 up in the Tucson hills. Mrs. Isabel Flores will make tortillas; Celia Shumaker, cook

beans; and Mary McBride, bake cakes.

Mr. and Mrs. Vester Collins have come back to the community to farm. They have been doing defense work in California. We welcome them back.

Two steers from our club were exhibited and sold at the show and sale in Tucson Saturday. Bud Shumaker took third place and Milton Davis sixth. Bud's calf weighed 715 pounds and sold to Mr. Nick Hall. He ranked third in showmanship. We were proud we raised two calves, and next year hope to raise more.

Our interest at the show was in rabbits, too, because Mary McBride won first on her doe and first on the ones for sale. She also had the prize rooster.

#### SOPORI WILLING WORKERS

Reporter, Yolanda Amado

On April 13 we had Achievement Day. Miss Bentley was unable to come.

We put up all the best drawings we had made this year. The "Victory Quilt" was hung up as it is all finished. It looks very pretty.

Soon we are going to raffle the "Victory Quilt." The tickets are going to be \$25 cents each. We are going to try to sell \$25.00 worth of tickets.

Before Achievement Day we all helped clean windows, woodwork, and waxed the floor.

The things that were on exhibition were: the vegetable plants, Victory Quilt pieced by the 4-H Club girls and quilted by some of the mothers and friends, the secretary's book by Natalia Amado, the press book by Yolanda Amado, and a child's dress by Yolanda Amado.

The cans containing vegetable plants were neatly labeled with wrapping paper, bearing the owner's names and the kinds of plants.

#### 4-H CLUB OBJECTIVES

(The H's stand for the training of the head, heart, hand and health. The club emblem is the four-leaf clover which signifies better living, better homes, better morals and a better nation.)



# 4-H Clubs Construct Houses For Their Feathered Friends

Star-5-2-43

Bird houses, junk collections, good things to eat, school assemblies and death are among the varied subjects which 4-H club reporters discuss in their reports to Miss Evalyn Bentley, Pima County Home Demonstration Agent, this week.

The reports which are submitted by children designed by members of their clubs for the task follow:

The Redington Victory 4-H Club writes as follows:  
Dear Miss Bentley:

The boys and girls made bird houses and a bird bath. The boys made their houses out of gourds and the girls made them out of boards and they looked like real houses. We have made a feeding table for the birds, about two or three birds come at once. The usual birds that come are: red-breasted finch; sparrows; and Arizona Flycatchers.

Your friend,  
CHARLES SMALLHOUSE.

Dear Miss Bentley:

The birds are happy today, because you know why? We built some houses for them to build nests. Two are already building nests. Two more things about the birds are that we made a house that we put bread crumbs in, and birds come and eat them every day. The other is a pan of water so they can drink water and take a bath.

Your friend,  
CONNIE VALDEZ.

Dear Miss Bentley:

We made a place out of cement and stones on one side of the porch for a cholla cactus.

We made some charts with pictures pasted on them. One chart has a picture which has foods that are healthful for us. Others have pictures of fruits and vegetables. On top we made up names for them. Underneath we are keeping score of the things we do here at school and things that are connected with the lunch program or the school.

We gathered lots of junk but they never did come out to get it. So we are still waiting.

Today is one pupil's birthday and the teacher made a cake.

Your friend,  
FRANK RHODES.

## SAHUARITA COTTON BLOSSOMS

Reporter, Louise Hooper

The homemakers held a pot-luck supper at the Sahuarita School Saturday night.

The Bull Ranch reports the cotton two-thirds planted.

Mr. and Mrs. John Sneed and four children moved near the school.

T. L. Shelton and Earl Ballard went to California yesterday to work.

Mr. and Mrs. Bud Dunham are going next week to California to visit relatives. Mrs. Dunham is the former Jackie Rowland.

We are sorry to hear that Mr. and Mrs. Trine Castillo lost their baby girl last week.

## FLOWING WELLS

Reporter, Louise Sims

The girls 4-H Club's candy, cookie, and cake sale was quite a success. In fact there wasn't enough. There was such a clamor for the goodies that there wasn't time to judge them.

Billie Harruff's cake was outstanding and Mildred Deitring's plate of cookies looked attractive. Loretta Gray brought some delicious white fudge and Dawn Van Gorder's uncooked fudge and chocolate drop cookies were also outstanding. Esther Emery brought some cocoanut macaroons, Rosaura Vidal, oatmeal cookies, Marie Genzer, a cherry pie, Louise Sims, a chocolate cake. Each contribution was nice enough to be proud of.

We also wish to thank Mrs. Dobias for her contribution and large sack of cookies.

The proceeds from this candy sale are going for refreshments for Achievement Day, April 30th.

Mr. Moody, Miss Bentley and Mrs. Ross have been invited in addition to all the parents. Mrs. Van Doren will accompany the singing.

Mrs. Zinn's room gave a James Whitcomb Riley program for assembly Monday morning. Freeman Bradford read a paper on Riley's life; Esther Emery recited "Little Orphan Annie;" Rosaura Vidal recited "The Raggedy Man;" Jack Emery played a solo on his harmonica; and Alvin Phillips played two guitar solos. Little Stephanie Stigers, age 3, visited school and recited "Little Boy Blue."

Mrs. Benton's room won the defense plaque with a \$9.95 total while the school as a whole purchased \$33.65 worth of war stamps this week.

The second grade entertained the first grade Thursday with a dramatization of "The Story of the Easter Rabbit" and presented each child with an Easter greeting.

New students are: Jack Weir from New York, Bobby Bishop and Raymond and Elmer Lindsey.

Mrs. Ross visited us last week.

## SOPORI WILLING WORKERS

Reporter, Yolanda Amado

Tuesday we had our regular 4-H Club meeting. The girls sewed on dresses. They are going to try and finish the work by May 7, when

Miss Bentley is expected to come.

Last Friday we had our Easter party given by Mrs. Christian and Mrs. Seelig. We had strawberry ice cream and four cakes. Mrs. Black, Mrs. Bell, Mrs. Seelig and Mrs. Amado made the cakes. Mrs. Christian and Mrs. Seelig made the sandwiches, and Mrs. Christian and the 4-H Club girls made the ice cream.

The visitors at our party were: Mrs. Bell, Mrs. Black, Mrs. Seelig, Mrs. Amado, Barbara Black, Dolores Badilla, Socorro and Anita Moyza, and Alice Hackett.

# Plans for Achievement Days Occupy County's 4-H Clubs

Star-4-11-43

Along with preparations for their Achievement Day projects, members of Pima County's 4-H Club this week have engaged in other activities, such as completing first aid courses and receiving junior first aid certificates, writing essays on the harmful effects of alcohol and drugs for the W.C.T.U., selling magazines, growing and tending crops, making quilts and making costumes.

Reports from the clubs follow:

## FLOWING WELLS

Louise Sims, Reporter

Invitations have been sent out inviting our friends to our Achievement day. The one sent to the home demonstration agent, Evalyn Bentley, has a green cover and a four-leaf clover on it. It read: "Dear Miss Bentley: We cordially invite you to attend our 4-H Achievement day, which will be held on April 30 at the Flowing Wells School. It will begin at 1 o'clock. We sincerely hope you can come."

"Cordially,  
FLOWING WELLS 4-H."

The girls' 4-H club are busy making posters for the candy and cookie sale they are having to raise funds for refreshments on Achievement day. All parents are cordially invited. Mrs. Tompkins is awarding a prize for the best poster.

We have enrolled a new boy in our fourth grade from Portland, Ore. His name is Gordon Sherman.

Several children finished the first aid course taught by Mrs. Shires at our building and received junior first aid certificates. Those receiving them are Joan Woods, Eleanor Dobias, Freeman Bradford, Wesley Dobias, Claire Deitring and Mildred Deitring.

Mr. Harry Cecil, the magician, entertained us Tuesday with many very interesting tricks and clever jokes. He transformed water into pink lemonade and objects disappeared before our very eyes. Roy Childers and Ruth Bradford acted as assistants and provoked much amusement for the rest of us.

Wesley Dobias and Freeman Bradford worked with Mrs. Joy, selling the Farm Journal and earned \$11 for our 4-H club.

The fifth and sixth grades are completing essays on alcohol and drugs to be judged by the W.C.T.U. There will be prizes awarded for the best essay in each grade.

The defense plaque was won by Mrs. Frans' second and third grades again this week with the amount of stamps purchased totaling \$11.65. The total amount for the school was \$17.50.

## SAHUARITA COTTON BLOSSOMS

Louise Hooper, Reporter

Peggy Dishaw, daughter of and Mrs. O. W. Dishaw, has listed in the WAAC and is stationed in Florida.

Mr. and Mrs. F. E. Jones, Continental held a party Saturday night. Guests from Sahuarita Mr. and Mrs. R. A. Davis, Mr. Mrs. Frank Gonder, Mr. and O. W. Dishaw, Mr. and Mrs. Gaines, Mrs. J. A. Davis and don Jones.

The pigs of the 4-H boys are showing rapid growth.

Evelyn and Rita Nunes had a new little baby brother.

A new spur on the railroad has been put to the sheds. Mary

are busy at the sheds shipping radishes and spinach. The men are planting potatoes and onions on Green Gold Ranch.

Mr. Blackwell, our janitor, has a new trailer house and is living near the school. Mr. Virgel also has a new trailer house and is living near the sheds.

Billie Blankenship has come to school after being sick for a time. Kernie Dishaw has a new pet. He lost his pet, Major, last week with distemper.

Staff Sgt. Weldon Jones, of the Air Force, is here on a furlough. He has been visiting his sister, J. G. Davis. Mrs. Davis, Bobby and little Betty returned with him to Texas for a visit with the family.

Mr. and Mrs. Stimpson left yesterday for California. Mr. and Jim Leveretter and Marva are leaving.

Mr. and Mrs. O. W. Dishaw had dinner Sunday in Tucson with Mr. and Mrs. Lee.

Our Achievement day will be April 22.

## SOPORI WILLING WORKERS

Reporter, Yolanda Amado

Tuesday the 4-H Club girls quilted out bias tape for the edge of a quilt. Mrs. Black, Mrs. Seelig, Mrs. Dunham, and Mrs. Christian already quilted more than half of the quilt. We hope to finish it before school is over. The quilt and the frames made by the boys will be judged at Achievement Day, April 13. We hope Miss Bentley and Mr. Moody will come.